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Tonight's Jackpot

The Duke and Duchess of Cambridge and their son, who was born Monday, leave the Lindo Wing of St. Mary's Hospital in west London Tuesday. JOHN STILLWELL/POOL/THE ASSOCIATED PRESS

NEWS WORTH SHARING.

You never forget your first time

Aubrey Plaza's making a To Do List and checking it twice in her '90s-era teen sex flick PAGE 14

Hop to the other side o' the pond

Head over to Scotland and raise a glass or two of whisky while cheering on some of the Commonwealth's elite athletes PAGES 16 & 17

Birth of new royal era

Renaissance. Will, Kate and their son helping to ensure monarchy thrives well into 21st century

A crowd cheered, hundreds of cameras clicked and an image of familial perfection was beamed around the world.

Prince William, his wife Kate and their infant son, the Prince of Cambridge, emerged Tuesday from London's St. Mary's Hospital to start a new chapter in their lives — capping a remarkable turnaround for a monarchy that had ended the 20th century at a low point of popularity.

The outpouring of public and official enthusiasm — including artillery salutes, marching bands and landmarks illuminated blue for the royal baby boy — showed that Britain's Royal Family is back in its subjects' affections, especially now that it has an adorable infant heir, third in line to the throne, whose given names have yet to be announced.

"It's had its ups and downs in public opinion," said veteran royal commentator Dickie Arbiter. "But in the last 20 years it has had more ups than downs."

If the Queen gives the family gravitas, the emergence of a young generation that includes William, his brother Prince Harry and the glamorous Kate gives it celebrity.

William's work as a search-and-rescue helicopter pilot, Harry's army service in Afghanistan and Kate's girl-next-door charm have all proved assets. Even seeming faux pas such as Harry's strip-billiards antics in Las Vegas have done little but burnish his popularity.

THE ASSOCIATED PRESS

MORE COVERAGE, PAGE 6

Can you spot the homage?

Both new mom Kate and the late Diana, Princess of Wales, looked lovely in similar polka-dot dresses, which they wore the first time they showed their offspring to the world, 31 years apart. Kate's flowy baby-blue number appears to have been a tribute to Diana, who wore a teal frock the day she and Charles took home a newborn Prince William. Expect to see copycats — preggers, post-baby or not. METRO

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Ted Rogers

Telecom tycoon immortalized

A statue of Ted Rogers outside the Rogers Centre, Tuesday. STEVE RUSSELL/TORSTAR NEWS SERVICE

With his gaze fixed to the southeastern horizon, Ted Rogers stands tall outside his namesake baseball park, an assured smile frozen on his face.

A 12-foot, 360-kilogram bronze statue of the telecommunications tycoon, who died in 2008, was unveiled outside the Rogers Centre Tuesday afternoon in a corporate ceremony.

The placement of the Rogers statue outside the home of the Blue Jays has confused some.

Chris Stride, a statistician at England's Sheffield University who created an online database of more than 230 Major League Baseball statues, said most ballpark sculptures lionize great players, or less frequently serve as tributes to executives responsible for bringing the team to town. To him, this seems like neither.

"It's an odd one. I was surprised when I saw it," said Stride. "He's not this father of baseball in the city."

Those speaking at the unveiling, however, credited Rogers with preventing the potential relocation of the Blue Jays when he acquired the team in 2000.

TORSTAR NEWS SERVICE

Mayor Rob Ford with the help of councillors Denzil Minnan-Wong, left, and Frances Nunziata paint the curb on University Avenue to launch a pilot project to alert motorists of no-parking zones in Toronto on Tuesday. VINCE TALOTTA/TORSTAR NEWS SERVICE

Paint by number of parking tickets

He sees a grey curb and he wants to paint it red. City to make it easier to distinguish illegal parking areas

Toronto Mayor Rob Ford is painting the town red — or at least a little piece of it.

Ford wielded a paint brush on University Avenue Tuesday morning to kick off a pilot project that will see selected curbs coloured red as a visual reminder to motorists that they are strict no-parking zones.

"This is important for many reasons. Most importantly, this project will help the taxpayers avoid unnecessary tickets and save their hard-earned money," Ford said in a speech on the sidewalk. "I have heard it over and over again: people are getting sick and tired of getting tickets in this city."

Many other North American cities, including Los Angeles, already use red paint to signal that no stopping or parking is allowed in those areas at any time, except for buses and other official vehicles.

Last year, residents of a California condominium complained to authorities after somebody kept painting over the red curb outside the condo, apparently in a bid to get away with illegal parking.

The Toronto project, lasting six to eight months, is aimed at helping motorists park legally, as well as enhancing traffic flow and improving pedestrians' safety.

Some of the selected curbs are near crosswalks, transit stops and fire hydrants.

Cars parked beside the red curbs will be ticketed. City staff will monitor the sites to see if the reminder reduces illegal parking and improves traffic flow. TORSTAR NEWS SERVICE

Where they'll be

- University Ave. north and south of Armoury St. near Queen St. W.
- Two locations on Armoury St.
- Spadina Ave. near Dundas St. W.
- John St. north of Wellington St. W.
- St. Clair Ave. and Dufferin St.
- Town Centre Court near Scarborough Civic Centre
- North York Blvd. east of Beecroft Rd.

Pimp my ride. LRT updated

There was no mistaking the look of awe and delight as folks on the street whipped out their phones to take pictures. Transit riders on the Bathurst platform gaped hopefully as the first of the TTC's sleek, new, supersized streetcars glided into the station.

But only reporters were permitted to enjoy a smooth, short test ride on Tuesday — the first daylight run for the new cars. The brief ride suggested Torontonians are in for a quieter, smoother ride when the new fleet goes into service mid-2014. Pens didn't even wobble as it braked at the lights.

Thirty metres long, almost twice the length of the CLRVs, the new streetcars feature a smaller "sweep" on turns, said Stephen Lam, chief vehicle engineer of TTC rail.

But riders will be more interested in the accessibility of the low-floor vehicles to mobility aids, he said. There's room for two bikes, flip-up seats and some knee-to-knee groupings of four seats, like those on GO trains. And all cars are air-conditioned. TORSTAR NEWS SERVICE

The new streetcar is unveiled at the TTC's Hillcrest yard on Tuesday. CHRIS SO/TORSTAR NEWS SERVICE

‘My name is Jon and I am a Twitterholic’

Help! ‘I don’t know what’s going on and no one has filed a story in hours,’ one hardcore tweeter despairs

JESSICA SMITH
jessica.smith@metronews.ca

When I failed at keeping off Twitter last week, it wasn’t as spectacularly as @Robsonian.

The idea was to examine how social media is changing journalism. Instead of interviewing yet another social-media expert, I decided to report the news without using Twitter, Facebook or any other social-media site or app.

And because reporters are nothing without readers, I recruited one to swear off social media with me: avid news consumer Jon Robson, better known as @Robsonian, who is passionate about Toronto news and has shared his insights in more than 46,000 tweets.

“*YOU* TRY NOT TWEETING FOR A WEEK!” he tweet-shouted on Friday after failing to keep off Twitter for at least the third time.

Until I failed, I was doing all right: filing stories and fighting Twitter cravings, enjoying a little extra time with my book and my boyfriend.

Falling off the wagon

“I wanted to know what people were talking about, I wanted to know what was going on and I’m completely dependent on (Twitter) for keeping abreast of news.”

@Robsonian, on why he couldn’t quite stay off Twitter for a week

But I’d seen Jon’s failure coming. He’d been sending me anxious-sounding emails.

“I’m composing ideas that I have to keep to myself about everything, and they’re all tweet-length ideas,” he wrote on Monday. “It’s weird.”

“This is killing me. I don’t know what’s going on and no one has filed a story in hours,” he wrote Wednesday during the city-council debate on a subway for Scarborough, an issue he has strong opinions about.

That was the first time he broke the Twitter ban.

Because city hall reporters weren’t updating their news websites fast enough, he went on Twitter to find out what was happening and ended up tweeting @TTCchair Karen Stintz.

“I harangued Karen Stintz, then I harangued (Minister of Transportation) Glen Murray,” he confessed later.

During Friday’s storm, the city’s famous maple tree — the inspiration for the Maple Leaf Forever song — fell down next to his car, so he tweeted about it.

A reporter for CP24 tweeted back, asking him if they could use the photo he posted, and he agreed.

“Waiting for reporters to file a story after something has happened has started to feel like it’s taking forever, which is ridiculous,” Robson said.

“Given the timeline, or event horizon, of building a subway line in this city, the fact I don’t know what people are saying in a city-council meeting about it until 90 minutes after they’re saying it shouldn’t be a problem.”

Robson’s experience of trying to stay off Twitter taught me more about how social media impacts the news than my own — and about how many readers expect a constant stream of news on the subjects they care about.

Robson agrees.

Part of the hook of Twitter is being able to engage with (or harangue) decision-makers and chat with friends about it, and a part of it is experiencing the suspenseful, dramatic play-by-play of breaking news, as it unfolds.

Layoffs. VIA Rail scrapping ‘red cap’ baggage porters

Barely a month after averting a strike, VIA Rail announced Tuesday that it is laying off 56 workers, including “red cap” porters who help the elderly and mobility challenged.

VIA said it is eliminating all porters in favour of more “flexible” station attendants.

Porters are currently available at Union Station in Toronto, and in Central Station in Montreal. In total, 24 red cap porters are being cut.

“I don’t know what I’m going to do,” said passenger Leonard Rush, who travels on VIA every Tuesday from Brantford to Toronto. He said porters help him with everything from getting to the train on time to getting his wheelchair onto the train’s lift.

While about 24 full-time positions in total are being eliminated from Union Station, 19 job positions are being created, including 14 new station attendants.

These station attendants will replace the porters at Union Station.

Those who are currently employed as porters may apply for the new position, said Via Rail spokesperson Mylène Bélanger.

Bélanger said the company needs more flexible employees who can help with any service request — not just baggage. “Porters have become obsolete,” she said.

But Rush said he notices a big difference between the help he receives from porters, who have special training on how to deal with people in wheelchairs, and the help he receives from general attendants at other stations.

“The guys who work at the stations, it’s almost like they don’t want to do it,” he said.

TORSTAR NEWS SERVICE

Still crazy on Heart after all these years

Sisters Nancy and Ann Wilson — the powerhouse guitarist-singer duo known as Heart — perform at the Molson Amphitheatre in Toronto on Tuesday night. The 1970s superstars are enjoying a revival since being inducted to the Rock and Roll Hall of Fame this year. TOM PANDI/FOR METRO

Ford-backed exec to head Build Toronto board

Christopher Voutsinas
TORSTAR NEWS SERVICE

Real-estate executive Chris Voutsinas will lead the board of Build Toronto, the powerful agency rocked by resignations over Coun. Doug Ford’s push for his choice as CEO.

Meeting behind closed doors, council last week approved Voutsinas, founder and president of Capital Value & Income Corp., as a new board member and chair, along with two other new board members, sources say.

The choice follows an embarrassing episode in June in which council approved Daniel Sullivan, former banker and consul general for Canada in New York, as new chair of the agency set up to maximize the value of city land.

Sullivan, who learned from Torstar News Service that he was being tapped for the post, subsequently declined to join the Build board. Council has asked the integrity commissioner to probe that leak to the news media.

Voutsinas confirmed Monday that he applied to join the board and was asked in the interview about being chair. However, the former Oxford Properties Group global head of investment had not yet been notified by the city. He could not be reached for comment Tuesday.

He faces a daunting task: joining and leading an agency that pours much-needed revenue into city coffers but has seen eight independent directors resign in recent months, amid a search for a new chief executive that has dragged on since last fall.

TORSTAR NEWS SERVICE

SIU investigation

No charges recommended in police shooting

There are no reasonable grounds to charge a Toronto cop in the shooting death of a Scarborough man last month, the Special Investigations Unit has concluded. The police watchdog noted Tuesday that Malcolm Jackman, 39, was holding a person hostage at knifepoint when he was shot by police.

TORSTAR NEWS SERVICE

Shutdown due to fire

Broadview and Gerrard streetcars running again

TTC streetcar service at Broadview Avenue and Gerrard Street East is back to normal roughly a week after a four-alarm fire engulfed an apartment building and caused it to partially collapse. Service on the 504 King, 505 Dundas and 506 Carlton cars is back to the normal routes. TORSTAR NEWS SERVICE

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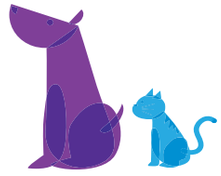

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Let it be free. Survivors of Lac-Mégantic disaster invited to see Sir Paul

Hearing music icon Paul McCartney play Tuesday night on Quebec City's historic Plains of Abraham is a little more special for Caroline Tremblay than the average rock fan.

Her husband was a big admirer of the former Beatle.

Tremblay's husband, Guy Bolduc, was among the dozens killed when fireballs from an exploding train devastated Lac-Mégantic's downtown and engulfed the bar where he was performing.

"He adored Mr. McCartney," Tremblay wrote in a moving letter to promoter 3 E Event, Experience, Emotion, which offered free tickets to the musician's show for Lac-Mégantic survivors.

"You have allowed my children and me to discover the musical universe of this great artist and (a chance to) bathe in music at a party surrounded by our friends."

The free ticket idea was floated to McCartney's team by the promoter at the beginning of last week. The former Beatle's entourage quickly agreed. THE CANADIAN PRESS

Train safety

Transport Canada toughens rules

Canadian transportation authorities banned one-man crews for trains with dangerous goods Tuesday, responding to calls for tougher regulations after an oil train derailment in Quebec killed 47 people.

Transport Canada also said trains with dangerous goods will not be allowed to be left unattended on a main track. Hand brakes must be applied to trains left one hour or more.

The tragedy occurred when a runaway train carrying 72 carloads of crude oil derailed. THE ASSOCIATED PRESS

Will and Kate naming U.K.'s next generation

The first chapter. British bookmakers have taken thousands of bets on the monikers George and James

Historic task

"Names do define an era."

Robert Lacey, a royal historian who has written books on Prince William's mother and grandmother.

Britain's Prince William, right, and Kate, Duchess of Cambridge hold the Prince of Cambridge, Tuesday. KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

The Victorians. The Edwardians. The Elizabethans.

Royal names can define a generation. So imagine the pressure on the new parents to pick the right one.

Now that Prince William and his wife Kate have a baby boy — the third in line for the throne — they must choose the name for a royal who may take Britain into the 22nd century. They'll start by considering British monarchs from the past.

Elizabeth I offered her name to the golden era in which Britannia ruled the waves and the Elizabethans consolidated a renaissance of national prosperity. Victoria's reign was defined by rapid industrialization with straight-backed Victorian morality. Her son, Edward VII, lent his name to the champagne and cigar period before the First World War in which the rigid class system came under attack.

With so many people to please — inside and outside the palace walls — the House of Windsor is likely to pick more than one name for the boy who was born in London on Monday. After all, his father Prince William, a.k.a. William Arthur Philip Louis, has four.

There may be a nod to great grandfather Prince Philip, or grandfathers Prince Charles and Michael Middleton, Kate's father. Or King Arthur. Or a host of other dead kings.

But the first name, that has to hit the right note. It is likely to hang around a bit. THE ASSOCIATED PRESS

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A woman protests against underage marriages in Lagos, Nigeria. Nigeria's secular and Islamic laws clashed when a senator, notorious for marrying a 14-year-old, filibustered a vote to amend the constitution by insisting that a girl comes of age when she marries — not at 18. SUNDAY ALAMBA/THE ASSOCIATED PRESS

Senator with child wife obstructs law

Nigeria. Protesters demand Senate revisit amendment that would set age of consent for girls at 18

Many Nigerians are enraged, wondering how a senator notorious for marrying a 14-year-old girl can use Shariah law as an excuse to filibuster a constitutional amendment that has sparked a debate on the age of consent for girls.

Since the country's secular and Islamic laws clashed in the upper house of Parliament last week, concerned citizens are using petitions, protests and social networks to demand the Senate revisit the issue.

The vote was on an amendment to set the age when Nigerians can renounce their citizenship, but it has wider implications because it suggests when a girl is old enough to be married.

The Senate had voted to approve an amendment to set the age at 18, to bring the clause in line with other laws setting the age of consent for marriage and voting.

But, after the vote was counted and against Senate rules and procedures, Sen. Sani Ahmed Yerima opposed the age limit.

"By Islamic law any woman that is married, she is of age," said Yerima. THE ASSOCIATED PRESS

Child bride

- Sen. Yerima is notorious for his marriage to a 14-year-old Egyptian girl in 2010, when he was 49. He had divorced a 17-year-old whom he married when she was 15, to comply with Islamic law that allows a maximum of four wives at a time.

No seatbelt

Crown tosses ticket for driver with no arms

A seatbelt ticket given to a Saskatchewan driver with no arms has been tossed out of court.

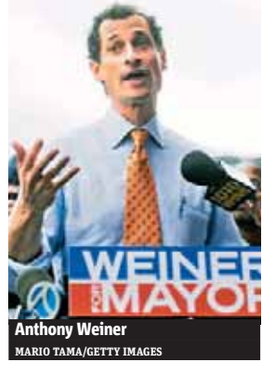
Brent Little, a lawyer representing Steve Simonar, says the Saskatoon prosecutor's office withdrew the $175 ticket after the province granted Simonar an exemption that allows him to drive without a belt.

Simonar, a 55-year-old business man, has been driving modified vehicles using his feet since he lost both of his arms in 1985. THE CANADIAN PRESS

More explicit photos. U.S. politician Weiner apologizes ... again

New York City mayoral candidate Anthony Weiner admitted Tuesday to sending additional explicit photos and texts to a woman he met online — correspondence she says began months after he resigned from the U.S. Congress for similar behaviour.

The allegation could severely test voters' willingness to forgive Weiner, who has said he spent the two years since the scandal trying to make things right with his wife and earn redemption. THE ASSOCIATED PRESS



Anthony Weiner
MARIO TAMA/GETTY IMAGES

DID YOU KNOW?
FACT:
Wireless rates in Canada are typically lower than in the U.S., in some cases up to 40% lower[1] and smartphone monthly plans are actually less expensive in Canada than in the United States.[2]
Source:
(1) Wall Communications Report, prepared for CRTC, July 2013.
(2) Scotiabank, March 7, 2013
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A child poses for a photo in a Gypsy camp in Wissous, outside Paris, in August 2012. JACQUES BRINON/THE ASSOCIATED PRESS

'Maybe Hitler didn't kill enough of them'

France. Lawmaker on defensive after comment about Gypsies made public

A French lawmaker is defending himself against accusations that he told a group of Gypsies he wished the Nazis had killed more members of the minority during the Second World War.

Gilles Bourdouleix, a member of parliament and mayor for the town of Cholet near Nantes, had a confrontation with Gypsies on Sunday, when he visited a field owned by the town where Gypsies are illegally living in caravans. He asked them to leave.

The Courrier de l'Ouest newspaper, which had a journalist at the scene, reported that some of the Gypsies made Nazi salutes at Bourdouleix and that he responded by saying: "Maybe Hitler didn't kill enough of them." On Monday, the paper released a recording on its website on which the lawmaker can be heard saying that.

On Tuesday, Bourdouleix told the French television station iTELE that he was merely repeating a statement the journalist had made.

THE ASSOCIATED PRESS

Alleged torture

Dutch court blocks extradition to U.S. of terror suspect

Dutch judges blocked the extradition Tuesday of a terror suspect to the United States, saying he was tortured in Pakistan after his 2010 arrest and it is unclear whether American authorities had any involvement. The Hague Court of Appeal ruling was a significant victory for the man identified only as Sabir K. THE ASSOCIATED PRESS

On the hunt for Nazis

A placard reading "Operation last chance — late but not too late" is displayed in Berlin on Tuesday. With 2,000 placards in Berlin, Hamburg and Cologne, the Simon Wiesenthal Center launched another campaign to find and prosecute Nazi war criminals while they are still alive. GERO BRELOER/THE ASSOCIATED PRESS

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Shopaholics' spending shocks economists

I'll take those in yellow, pink and black. Economists say a stunning jump in retail sales points to stronger economic growth. KEITH BEATY/TORSTAR NEWS SERVICE FILE

In the mood to splurge. Canadians indulged in some retail therapy, surprising experts and boosting expectations for economic growth

Canadian consumers went on a shopping spree in May, triggering a stunning jump in retail sales that will almost certainly help boost second-quarter economic growth beyond expectations.

The raw numbers stunned economists that had expected a modest 0.4 per cent bump. Instead, Statistics Canada said the retail sector boosted sales five times that by 1.9 per cent during the month to $40.4 billion.

Particularly meaningful for gross domestic product growth, sales in volume terms also expanded by 1.9 per cent, meaning the increase was not related to currency fluctuations.

"We're probably seeing a little bit of catch-up because since 2011 sales have been almost flat," said Jimmy Jean, an economist with Desjardins Capital Markets.

THE CANADIAN PRESS

Coming up roses

"It's hard to say what happened, everything went right it seems."

Jimmy Jean, an economist with Desjardins Capital Markets.

'Wake-up call'

Companies could face lawsuits for overseas incidents

Three lawsuits against a Canadian mining company over alleged shootings and gang rapes at a Guatemalan project will be allowed to proceed in Canada following a ruling that makes it possible for firms to face liability at home for incidents that occur overseas.

Lawyers for the plaintiffs, 13 Mayan Guatemalans, said the decision is a "wake-up call" for Canadian companies about their responsibilities at foreign mining projects.

"This step in the case uses existing legal rules that have not been applied in this way before," lawyer Murray Klippenstein said in an interview Tuesday."Mining companies, and maybe other companies operating abroad, need to take a very, very, serious look at the possibility or likelihood that shenanigans abroad that they thought would never result in liability may result in accountability in Canadian courts."

THE CANADIAN PRESS

Ongoing tiff

Finance minister enters credit-card fees dispute

The federal finance minister is stepping into a fee dispute between merchants and the big credit-card companies after the Competition Tribunal sided with Visa and MasterCard in a landmark ruling.

Jim Flaherty said in he will convene a special meeting of the government's FinPay Committee.

THE CANADIAN PRESS

Market Minute

DOLLAR 97.23¢ US (+0.56¢)

TSX 12,745.38 (-13)

OIL $107.23 US (+0.29¢)

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SHAMING THE COUCH CRITICS

JUST SAYIN'

Mike Benhaim
Guest columnist

The way I see it, our culture is separated into two groups: those who do, and those who watch. While most of us would rather be doing even half of the things we're watching, it's much safer to sit on high horses atop ivory towers in glass houses throwing stones and pointing fingers and such. It's like playing a game of truth or dare, only when it's our turn, we pass. How wonderful it is to keep our secrets hidden while watching others exposed, sitting in judgment, silently thanking the heavens that no one video-taped that drunken night in Thailand with the woman you can't be sure really was.

Hence our fascination with reality TV. We've gone from being spectators to a society of shameless voyeurs.

And though I try to be, I am no better. There was never enough alcohol to make me watch Jersey Shore, and every brief foray into an episode of Keeping up with the Kardashians ended with me rocking back and forth in the fetal position praying for Armageddon. But I have watched my share of these shows, and the stench of that shame still lingers.

Even worse is the news. Reality stars sign releases, but when the media gets hold of a real scandal, look out! When it was discovered that Tiger Woods was having extramarital affairs, even the male newscasters sanctimoniously shook their heads in disappointment. Really? Where's Heidi Fleiss when you need her?

Now I don't condone cheating, but most men are barely shocked when a friend bangs the cafeteria lady at the YMCA, let alone a celebrity athlete shagging an exotic swimsuit model. Ladies, there are many respectable men out there, but at least a portion of every day is occupied by fantasies best unshared. Yet when someone acts on them and gets busted on Cheaters, you can turn to your wife and say, "That's shameful."

And how many of us can sing as well as contestants on The Voice or American Idol? It doesn't stop us from critiquing their choice of arrangement or pitch. The couch is the new judges' bench.

Until recently, viewership has always been about the vicarious thrill of those we could only dream of emulating athletes, superheroes, models or rock stars. Now we spend our time peering into the dysfunction of people whose lives make us feel better about our own. That is, until we discover we've made them rich. Yeah, it's one thing watching strangers pinpoint their child's paternity on Maury Povich, but it's quite another when Honey Boo-Boo moves into the house next door. That's when we collectively unleash that torrent of negative energy that ultimately begs for their failure.

Again, I stand among you, guilty of the very transgressions I denounce. I simply wonder if our collective karma is not better served watching what inspires our highest doing, and affecting change from there. Just sayin'.

Paul Sullivan will return July 31.

ZOOM

It's a ribbiting piece of art

JOHANNES STÖTTER/BNPS/REX FEATURES

Baring it all for a photo shoot

It looks like a colourful tropical tree frog but on closer inspection you can see five human models adorned with body paint posing in dramatic forms so as to appear like a wondrous amphibian. Italian-born artist Johannes Stötter spends up to five months painstakingly planning and perfecting each work.

METRO

Adapting to canvas

Stötter, whose creations won him the World Bodypainting Festival title, said the key to success is to know when to pause and reflect on what to paint.

"If I paint on the model non-stop, I can't tell if the work is good or not. I have to pause and think. This is where the surprising elements of a warm and alive skin-canvas emerge and I see how to adapt the artwork." METRO

Artist's viewpoint

"The biggest challenge is to create the artwork in a beautiful but fast manner. I use people and not a canvas, so I can't spend days on end painting."

Johannes Stötter
Bodypainting artist from South Tyrol, in Italy

Painstaking painting

8

hours is how long Stötter takes to complete each work of art using special breathable paint.
Stötter added: "While a canvas painting lasts forever, a bodypainting exists only for a few hours. That makes the work even more special and visually powerful."

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

As cycling season is in full swing, so too is bike-theft season. In an effort to ensure that 'nooooooo' moment, when you realize your bike is gone, never happens, we've looked into digital tools to stash in your pannier to keep your ride safe.

MARCO GOMEO

Spike Bike

Kind of like Find my iPhone, but for your bike. A small GPS device attaches to your bike (under the seat, behind a water bottle cage or somewhere else discreet) and lets you track your bike through your phone. You can also track your own rides, which you can brag about later to your friends using Spike Bike.

Bikeshepherd.org

Not only can you register your ride on Bike Shepherd, you can also buy tags that can help recover your bike if it does succumb to the lock-cutting hands of bike thieves. While the tags help you find your stolen bike, they also act kind of like a neighbourhood watch sign, or guard dog to dissuade thieves from pulling the fast one in the first place.

Racklove

Based out of San Francisco ("ground zero for bike thieves"), this bike-loving community is a place where people can not only buy and sell bikes, but also lets you set an alert if your bike matches one that appears on an online ad. While it works in the U.S., they're still building the network up here.

Twitter

@metropicks asked: Should cyclists be ticketed for riding on the sidewalk, or is the road too dangerous?

@fajnamarta90: Car hitting a person is much more deadly than a cyclist hitting a person on the sidewalk. For this reason- No ticket.

@BikeBikeYYC: Sidewalk cycling is an indicator that more (any?!) bike infrastructure needs to be built.

@ruebyretro: Yes, with a focus on those who do so with complete disregard for pedestrians including bells & speed.

@BikeBikeYYC: IMO these "sidewalk bikelanes" add to the confusion about where to ride and also create danger for ppl

Follow @metropicks and take part in our daily poll.

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We recognize that both men and women experience androgenic alopecia (AGA, or male / female pattern baldness) and have made some improvements to the original formulation based on the latest science to address their specific needs. You will notice that we now have additional complementary (Health Canada Approved) health claims on each product.

How does Bio-Fen® PLUS work?

We are bringing you two new products with **double** the number of capsules and **triple** the number of health claims for men and **four times** the number of health claims for women.

As in the previous formulation, the fenugreek seed extract in both new formulas reduces excess blood lipid levels (hyperlipidemia). Fenugreek contains β-sitosterol, an active plant sterol, which has been shown to inhibit 5-alpha-reductase activity – the enzyme responsible for converting excess testosterone to *DHT* (which is the primary molecule that causes hair loss). The SDG (secoisolariciresinol diglucoside) from flax lignans in both formulas also decreases excess cholesterol - the building block of testosterone. Based on new research on the rate of metabolism of SDG in flax lignans (8-12 hours on average), the dosage in both products has been revised from once a day to twice a day for optimum results.

Twice the Strength! Twice the Power!

Bio-Fen® Plus for Men:

As before, the saw palmetto extract inhibits the enzyme 5-alpha reductase, and this action slows down the conversion of testosterone to dihydrotestosterone (or DHT) – the overabundance of which causes the miniaturization of hair follicles. This activity of the saw palmetto also helps to relieve the urinary symptoms of mild to moderate BPH for men.

The saw palmetto that originally was an extract standardized to 45% free fatty acids, esters, and sterols while the new formula is a 4:1 extract to support the BPH claim. The product still contains these molecules for hair loss, but they are now at proprietary amounts based on our research so that the competition cannot duplicate our formula.

Bio-Fen® Plus for Men will also help to:

- ***Relieve the urologic symptoms associated with mild to moderate benign prostatic hyperplasia - BPH (e.g. weak urine flow, incomplete voiding, frequent daytime and night time urination).***
- ***Reduce elevated blood lipid levels / hyperlipidemia.***

Bio-Fen® Plus for Women

The women's formula is almost the same as the men's formula. The mechanisms and results for the women formula is the same. The only difference is it contains silicon and iron instead of saw palmetto. Silicon has been shown to contribute to hair shaft strength and thus healthy hair growth. It also contains iron which helps prevent iron deficiency. A number of studies have related sub-clinical iron deficiency in women to diffuse hair loss/alopecia.

The increased amount of SDG and other revisions to the regulations allow us to make some additional health claims for *Bio-Fen® Plus for Women*.

Bio-Fen® Plus for Women will also help to:

- ***Reduce elevated blood lipid levels/hyperlipidemia***
- ***Prevent iron deficiency.***
- ***Metabolize carbohydrates, fats and proteins.***

How long must I use Bio-Fen® Plus?

Bio-Fen® Plus for Men capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or the rate of hair loss is decreased. Anyone experiencing new growth should see it within four months. In some people the original pigmentation may come back. Once you stop completely your hair growth pattern will slowly go back to the point where you started. However, some people may be able to go with a lower maintenance dose.

What is the quality of Bio-Fen® Plus for Men?

Bio-Fen® Plus for Men is manufactured in Canada according to quality assurance specifications called Good Manufacturing Practices (GMP). This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and the finished product prior to sale.

Hair Grow Technology (Bio-Fen® Plus) is a progressive company - we continually seek out the latest research on bioactive ingredients, and on regulatory updates in the natural health products industry.

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SCENE 2

Analysis

What's old is new with Wolverine

IN FOCUS
Richard Crouse
scene@metronews.ca

Other than Captain Canuck, Wolverine is the best known superhero to hail from the Great White North.

According to his comic book backstory he was born in 19th century Canada — Northern Alberta to be exact — and served in the First Canadian Parachute Battalion before being recruited by Team X, a CIA black-ops group. When movie fans first encountered the character, however, little was known about him.

At the beginning of the original X-Men movie he was suffering from memory loss and couldn't remember how he became a superhero with retractable bone claws, made of the near indestructible metal alloy adamantium bonded to his skeleton and a healing ability that allows him to quickly recover from virtually any wound, disease or toxin.

This weekend The Wolverine continues the story, although star Hugh Jackman is quick to point out that it is not a sequel.

"With an all-new cast and setting it in Japan, it's going to give us a whole new visual esthetic," he told Total Film.

With this film, Jackman emerges as the first actor to play a comic book hero in more than four consecutive films since Christopher Reeve as Superman.

Learning to do what you need to do to get done

Interview. Aubrey Plaza talks about how her new film, The To Do List, is putting a fresh take on an old theme — people losing their virginity

NED EHRBAR
Metro World News in Hollywood

For Aubrey Plaza, discussing her new film, The To Do List, offers far too many opportunities for oversharing. The '90s-set film follows Brandy (Plaza), a type-A brainiac determined to start college sexually experienced by way of a detailed — if unromantic — list of activities to check off. And Plaza is having trouble keeping her own list to herself.

The To Do List flips the script on the story of young people trying to lose their virginity. HANDOUT

Considering the sexual frankness of the film, how awkward have the interviews gotten?
People keep trying to trick me into telling them about my first sexual experiences, and then I almost am like, "Well, when I was … wait a minute! I don't need to tell you that. That's for my own brain to remember." For some reason this movie kind of makes you think that it makes sense to ask about (this). But no, nothing's been awkward, except for me because I'm always awkward in interviews.

Do you find it weird or insulting that Hollywood always acts so surprised when a female-focused comedy does well?
Yeah, I feel that. I don't know why. There's just as many women as there are guys, so you would think that it wouldn't be shocking that there's a female audience and that there's people out there interested in seeing female-centric movies.

Do you think The To Do List would work in a contemporary setting?
I think there could be a story about a girl going through her firsts, because I think that's just a universal thing that happens, but I don't think this story could be told in 2013 for many different reasons. This movie was set in a time when people didn't Google everything and people weren't figuring things out online, which I think is the case nowadays. Who knows what teenagers are doing these days. I don't know. I mean, I'm 29 and I feel totally out of touch.

Things have changed at such a rapid pace that who knows how people are learning anything or where they're getting their information.

It's great to see a movie taking the awkward teenage sexual experience, which is usually told as a guy's story, and showing the girls' side.
Being frank about sexual things? I know. That's one of the reasons that I wanted to do the movie, because I'd never really read anything that truthfully explored that time in a girl's life, just a really frank portrayal of a girl figuring out how to do really simple things — well, I don't know if they're simple. Just really basic sexual acts. I don't know, everything I say sounds wrong (laughs). Just make me sound better and smarter.

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Lindsay Lohan. ALL PHOTOS GETTY IMAGES

Lohan ready to get on with her life post-rehab

Lindsay Lohan is due to end her latest stint in rehab next Monday, and in preparation she's reportedly looking to do away with as many bad influences as she can, according to Radar Online.

"She has not been this good in a long, long time. She's come 180 degrees from where she was. It's amazing," a source says.

"It's very clear to her now who she needs in her life and who she needs to keep out of her life."

Penelope Cruz

Penelope Cruz's baby tries to upstage the royals

Kate Middleton wasn't the only famous woman having a baby Monday, as Penelope Cruz reportedly welcomed her second child with husband Javiar Bardem, according to Hola.

Cruz reportedly gave birth to a baby girl at Madrid's Ruber Hospital. Cruz and Bardem also have a two-year-old son, Leonardo.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Amanda Bynes having one of those good news weeks

THE WORD
Dorothy Robinson
scene@metronews.ca

I have tried to keep Amanda Bynes out of The Word because she's obviously mentally unstable and her highjinks are more sad and disturbing than amusing. However, this item caught my eye: The former actress is now being hospitalized for setting a fire in the driveway of a stranger's home in Thousand Oaks, Calif.

The cops investigated the former child-star-turned-Gremlin and determined she needed to be hospitalized on a 5150 hold, which is an involuntary hospitalization for mental evaluation that lasts 72 hours.

So this is good news. Maybe she will now get the help she needs because it appears she has other problems.

Bynes has reportedly jeopardized the last important relationship she has left by allegedly stealing from her pot dealer, according to Radar Online.

"Amanda's dealer used her bathroom while he was there and she jacked his weed," a source says of the troubled NYC-based actress.

As a result, the dealer has reportedly dropped Bynes as a client .

"He won't go to her anymore," the source says.

So, maybe this is more good news.

Kanye West

Kanye West receives support after fight with photographer

While Kanye West is being investigated by the LAPD in connection to his brawl with a paparazzo outside LAX over the weekend, he at least can count Kirstie Alley as an ardent supporter.

The Dancing with the Stars alum tweeted out her support of Kanye West's actions.

"I love that Kanye went all whack on that a—hat paparazzi," she posted. "I applaud anyone who takes a swing at (them.)"

Twitter

@Harry_Styles
Said I had a dirty mouth..

@TheRealRoseanne
please leave some fruit pie recipes here!

@mindykaling
Another day, another mysterious allergic reaction to something I'm eating/wearing/rubbing on

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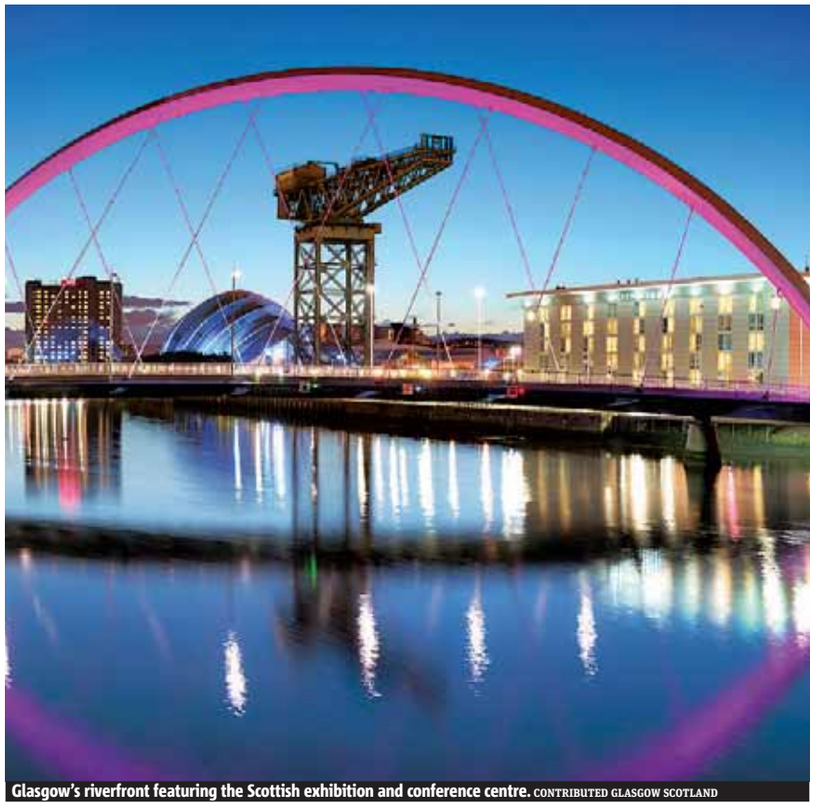
LIFE 3

Countdown to Glasgow 2014

Commonwealth Games. Scotland's largest city gears up to host thousands of elite athletes next summer

KATHY BUCKWORTH
life@metronews.ca



Glasgow's riverfront featuring the Scottish exhibition and conference centre. CONTRIBUTED GLASGOW SCOTLAND

In one year, on July 23, for the first time, Glasgow, Scotland will welcome more than 6,500 athletes and team officials to the 2014 Commonwealth Games. While rival city Edinburgh has hosted twice, the people of Glasgow are excited to put their own unique stamp on this elite athletic competition, which will run until Aug. 3, 2014.

"From the beginning, the Commonwealth Games has not just been about the sport, but the arts, and the community as well," says Kate McCheyne, Public Relations Manager for the games. While the athletes themselves won't descend upon the city until July 2014, the venues which will be used for the events will all have been completed, or refurbished, a full year before the games, allowing the community to enjoy the facilities before and, most importantly, after the games.

This is a sentiment reinforced by John Egan, of GlasgowLife, who is responsible for the management of the Sir Chris Hoy velodrome, where both the cycling and badminton events will be held. "There's a misconception that the velodrome was built just for these games," he said of the facility, which opened in October, 2012, "But it was built for Glaswegians." Since the doors opened, (as of time of writing) at least 130,000 locals have passed through the doors to take advantage not only of the cycling track, but the state of the art gym (supplied with Technogym equipment, supplier to the Olympics). Sports are an integral part of the city, with an estimated 10,000 jobs in the field.

But it's not just the residents of Glasgow who are embracing the spirit of the games. When the call for volunteers went out, more than 50,000 applied from across the U.K., with only 15,000 to be in the final selection.

Accessibility is also a key theme for the games. One million tickets will be on sale from Aug. 19 to Sept. 16, both online and via paper application, and can be paid for either online, or via cheque or postal order, which is very unusual in today's electronic ticketing world. Tickets will be priced as low as $23.73, and at half price for children, with "babes in arms" (under two years) free of charge.

There is very much a youth focus on the games, with half of the athletes under the age of 25. The games mascot, Clyde, was chosen out of a contest open only to children, and out of 4,000 applicants, won by a 12 year-old girl after rounds of blind judging.

The Glasgow 2014 tartan was designed by Aamir Mehmood, an arts student who beat out thousands of entries from more than 300 schools, and the digital media game has proven a hit with young fans. And for the first time, the volunteer age has been dropped to 16.

The Games has learned many valuable lessons from their Olympic counterparts, and many team members from the Glasgow Commonwealth Games shadowed their counterparts in London to learn. One of the main complaints about the London Olympics (my own personally, being over there at the time) was that tickets were not readily available, many of them having been given to corporate sponsors.

This frustration was compounded by the fact that sponsors did not utilize the tickets, and scalping or reselling of tickets was heavily enforced, leaving many empty seats in venues. In Glasgow, 70 per cent of tickets for each event are guaranteed to go to the public.

Unlike the Olympics and its Torch Run, which includes many torches, the Queen's Baton Relay of the Commonwealth Games is just one baton, which will have a message inserted in it, to the athletes, from the Queen.

The baton is run person to person across all Commonwealth nations, including a jaunt in Canada scheduled for April 26 (cities to be announced).

If you go...

- **Visit.** glasgow2014.com for tickets and information. For information on accommodations and on the city of Glasgow and its wide choice of tourist attractions, visit seeglasgow.com.

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Everybody in the pub gettin' whisky

It's time to imbibe. You can't go to Scotland without sampling some of its boozy fare — here are some tasting tips

DOUG WALLACE
life@metronews.ca

Widdle away an afternoon with whisky. PHOTOS: TIM STEWART

"You're in Scotland now — you can just call it whisky." Bartenders in Scotland are a patient lot when it comes to mixing Scotch whisky with tourists. And with 40 bottles of it sold worldwide every second, this is big business on a global scale. While the ingredients are simple — malt barley, water and yeast — the distilling process is an artform.

Whisky is aged in oak casks, obtained from bourbon distilleries in the U.S. (where it's required by law to only use a cask once) or from Spanish sherrymakers. This lends the whisky the flavours of the cask's previous occupant. Whiskies are either blended or single malts, produced in six Scottish regions, each with its own signature traits. To qualify as a single malt, whisky must be 1) made in Scotland, 2) bottled in Scotland, and 3) aged at least three years. The age on the whisky label always refers to the youngest whisky in the blend.

Whisky regions

Speyside: Home to the Malt Whisky Trail, this is the northern region on the banks of the River Spey between Inverness and Aberdeen, where more than half of Scotland's distilleries are found. Though hard to categorize because there are so many to choose from, these whiskies have a stronger character, with slightly smoky toffee and floral notes. The concentration of distilleries here dates back to a time when whisky was illegal, and the moonshiners needed seclusion amongst the rolling hills and winding roads. It's also no coincidence that the water here is top notch.

Highlands: Essentially, all the area around Speyside. Lighter, sweeter flavours take the stage here, with more nutty and floral traits.

Lowlands: Everything south of the line between Edinburgh and Glasgow. Whisky here is often triple-distilled, similar to Irish whiskey (note the different spelling), resulting in a lighter, smooth and mild taste.

Islay: Distilleries on this island off the west coast employ peat to dry the barley, which imparts a heavier, smoky, salty flavour.

Island: This region includes the other islands of Arran, Jura, Mull and Skye. You'll find a more tempered peatiness here, mixed with caramel and vanilla notes.

Campbeltown: This area on the Kintyre Peninsula produces just a few whiskies, each with a dry, smoky, salty character.

On the rocks, or not?

There are many tales of tangles with bartenders who refuse to serve whisky with ice. "If you can buy it, you can drink your whisky any way you want," says David Harris from Benromach Distillery in Forres in the Speyside region. "But ice locks the flavours out," he says, so you get less "information," less nuance. If the ingredients are likened to an orchestra, ice cancels out some of the instruments. "A drop or two of water opens the flavours up ... and if you drown it with too much water, you can always top it up," Harris adds. The party line: Drink it however you like, as long as you enjoy it.

Water? Ice? Drink whisky however you like.

- **Casks & Coopering.** Speyside Cooperage is the last one in existence in the U.K., supplying most of the 50-plus distilleries in the region with casks for aging their world-famous product. Fifteen coopers and four apprentices renovate older oak casks in need of repair, fixing up to 30 per day. Cask-making goes back 5,000 years, but it wasn't until the 11th century that the trade was organized into guilds. A "barrel" is actually a 36-gallon cask.
- **The Angels' Share.** Whisky that evaporates through the wood casks is known as the "angels' share," a loss that's impossible to predict or measure. The longer a cask sits, the more the whisky evaporates. That's why older whisky is more expensive, because customers have to pay for what the angels take.
- **The Scotch Whisky Experience.** Right outside the door to Edinburgh Castle is a very worthwhile pit stop, The Scotch Whisky Experience, where you'll ride inside an actual cask that winds its way through the whisky-making process and history. Fun and interactive, the tour finishes up with a dram — or iconic Scottish soft drink Iron Bru for the kids. The exhibit is also home to the largest collection of single malt whiskies in the world (3,384 bottles and counting), all varying in cost, rarity and type.

Shaking things up

Whisky cocktail

While purists may shudder, whisky is turning up on smart cocktail menus around the world. Here is a recipe for the Smokestack Manhattan from Rob Wilkie, head bartender at the Blythswood Square Hotel in Glasgow:

2 oz. Laphroaig 10 Year Old Whisky
half oz. Campari
half oz. Crème de Cacao
1 oz. Red Dubonnet

Mix and stir with ice, strain, then garnish with an orange twist.

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Summer

Last minute family fun

ON THE MOVE
Loren Christie
life@metronews.ca

Take in scenery in St. Andrew's-by-the-Sea, N.B. ISTOCK

Still hoping to squeeze in a vacation with the kids this summer? Consider a quick getaway to some of these classic family fun destinations.

Situated on the Passamaquoddy Bay, St. Andrew's-by-the-Sea, N.B., is an historic town offering numerous ways to fill your days. Consider going on a whale watching tour, getting suited up in a tailor-made bike kilt and touring the area with Kurt Gumushel's Off Kilter Biking Tours or snack on a lobster roll as you watch the world's highest tides from the patio of a waterside cafe. The landmark Algonquin Hotel has just re-opened its main building and grounds including swimming pool, tennis courts and golf course, after a year of massive renovations.

Blue Mountain resort area near Collingwood, Ont., is a bustling and quaint Tyrolean style village full of shops, restaurants and attractions. In addition to more traditional pastimes like golfing and mountain hikes, you can go caving in the Scenic Caves, sign up for a Segway tour, ride the Ridge Runner Mountain coaster or take advantage of the resort's newest offering, The Thunderbird Twin Zip; an 800-metre twin zip line that will take you from the top of the escarpment to the valley below.

Banff, Alberta is promoting more classic offerings like hiking, biking and rafting this summer. Due to the town's location within Banff National Park, you can connect with spectacular mountain wilderness like no other destination in Canada. Hikes up Tunnel Mountain, in Johnston Canyon and to the Lake Agnes Teahouse in Lake Louise are suitable for many ages and abilities. Scenic roadways and trails for those who prefer to explore on two wheels include The Legacy Trail between Banff and Canmore or simply explore the paths along the Bow River. If you prefer to be on the water, I loved the float trip down the Bow River with Banff Rocky Mountain Raft Tours.

London's Jewish

Exhibit. Deceased singer's life and family history celebrated with collection of mementoes

A collection of Winehouse's clothes hang at the exhibit. THE ASSOCIATED PRESS

Amy Winehouse seemed to live in public, but her fans never knew the private person.

An exhibition at London's Jewish Museum aims to reveal an intimate side to a troubled star who was also, in the words of her older brother Alex, "simply a little Jewish kid from North London with a big talent."

Amy Winehouse: A Family Portrait brings together items from the late singer's London childhood, her stage-school years and her short but stratospheric career in music — from her first guitar to a posthumous Grammy Award.

By the time she died in 2011 at the age of 27, Winehouse was a larger-than-life figure whose battles with drugs and alcohol, splashed across front pages around the world, sometimes seemed to overshadow her talent. The exhibition shows that she was also a young woman who loved music, loved London and loved her family.

"It's a story that people don't know about Amy, her

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Museum pays tribute to Winehouse

Amy Winehouse died of alcohol poisoning in 2011. THE ASSOCIATED PRESS

family story," museum chief executive Abigail Morris said. "You can forget there's a person behind the hype."

Morris said the show was a natural for the Jewish Museum. Winehouse came from a close-knit Jewish family, and the museum is in Camden, the neighbourhood where the singer lived for most of her adult life — where she saw gigs and played them, browsed in second-hand record stores and drank in pubs. It's also the neighbourhood where she died of accidental alcohol poisoning at her home in July 2011.

Assembled with help from Amy's brother, Alex Winehouse, and his wife Riva, the exhibition grew from the Winehouse family's offer to donate one of Amy's dresses. It expanded into a celebration of her Jewish roots, her family and her home city.

"The more we talked the more we realized the exhibition wasn't going to be about her dresses and her clothes," said curator Elizabeth Selby — though there are several outfits on display, from the shimmery blue dress Winehouse wore at the 2008 Glastonbury Festival to the tracksuits she preferred at home. "It's about her roots and her family life."

THE ASSOCIATED PRESS

Facts about the exhibit

- **The exhibit.** Opened this month and runs until Sept. 15.
- **History.** It traces the singer's family tree back to great-great-grandfather Harris Winehouse, who came to England from Belarus in 1890. Like many other 19th-century migrants, he hoped to reach New York, but ended up in London's East End.
- **Portrait of a family.** There are photographs from great-grandfather Ben Winehouse, an East End barber, and grandmother Cynthia, a glamorous figure who once dated jazz musician Ronnie Scott and taught Amy to read Tarot cards. Among the singer's many tattoos was an image of her grandmother.
- **Candour.** Displayed throughout the exhibition are captions written by Alex Winehouse about his sister, whom he recalled in a recent Observer newspaper interview as "annoying, frustrating, a pain in the bum. But she was also incredibly generous, very caring."

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Veggies take centre stage on the grill

Roasted Garlic

1. Heat grill to medium, with one side prepped for indirect heat.

2. Remove outer layer of papery skin from garlic. Slice off top 1/2 inch from pointed top of garlic head. Set garlic, cut side up, on large square of foil. Drizzle with the olive oil, then wrap foil up and over the garlic to form a loose packet.

3. Set garlic over cooler side of the grill and cook 40 minutes, or until the cloves are golden-brown and soft. Remove from the grill and let cool. To remove the cloves, simply squeeze the entire head (or each clove) and the cloves should pop out of their skins. Set aside until ready to make garlic mayo.

Sandwiches

1. Prepare and heat a gas or charcoal grill for high heat, direct grilling.

2. Place red and yellow bell peppers on grill grate and cook, turning frequently, until skin is charred all over, about 5 minutes per side. Use tongs to remove peppers from grill and place in a large bowl. Cover the bowl tightly with plastic wrap. Set aside for 30 minutes. After 30 minutes, the skins should slip easily off the peppers. Slice them open, remove the seeds, then cut into large strips.

Grilled Veggie Sandwich with Roasted Garlic Mayo

This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

3. In bowl, mix vinegar, olive oil, rosemary and a bit each of salt and pepper. Add pepper strips, turning to coat, and set aside to marinate for at least 30 minutes.

4. When ready to grill, return the grill to high heat.

5. Set the mushrooms and zucchini in a large bowl. Pour the marinade off the peppers and onto the zucchini and mushrooms, tossing them lightly to coat well.

6. Grill the mushrooms, gill side up, for 8 to 10 minutes, then flip and grill for another minute, or until completely tender. Grill the zucchini slices for 3 minutes per side.

7. Split rolls in half. Brush the cut sides lightly with oil. Place cut side down on grill for 2 to 3 minutes, or until golden brown.

8. Meanwhile, in a small bowl, mix together the garlic and mayonnaise until smooth. When the rolls are toasted, assemble the sandwiches by spreading both sides with garlic mayonnaise, then layering on the mushrooms, zucchini, peppers, basil leaves and cheese. Season with salt and pepper, if desired. THE ASSOCIATED PRESS/ ELIZABETH KARMEL, AUTHOR OF THREE COOKBOOKS, INCLUDING SOAKED, SLATHERED AND SEASONED.

Ingredients

Roasted garlic
- 1 head garlic
- 2 tsp olive oil

Sandwiches
- 2 each red and yellow bell peppers
- 1/2 cup balsamic vinegar
- 1/4 cup olive oil, plus more for the rolls
- 1 tsp dried rosemary
- Kosher salt and black pepper
- 6 large portobello mushrooms, stems removed
- 1 medium zucchini, cut into 6 long strips
- 6 kaiser or onion rolls
- Head of roasted garlic
- 1/2 cup mayonnaise
- 1 bunch fresh basil, leaves only
- 1/2 lb chunk Parmigiano-Reggiano cheese, thinly sliced with a vegetable peeler

Drink of the Week

Mango Basil Lemonade

This exotic and refreshing recipe is perfect for a summer party on the patio.

- 1.5 oz Hennessy V.S
- 1 oz fresh lemon juice
- .5 oz mango purée
- .5 oz simple syrup
- Soda water to top
- Basil leaf and lemon wheel to garnish

Shake all liquid ingredients except soda water and strain into a Collins glass with fresh ice.

Top with soda water and garnish with a basil leaf and a lemon wheel.

RECIPE AND PHOTO COURTESY OF HENNESSY

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Did you know that 40 per cent of the Canadian workforce is feeling the effects of vacation deprivation? And that more than 50 per cent of young Canadian workers are feeling it too (the highest rate for all age categories)? This is just some of what this year's Annual Deprivation study found when surveying Canadian workers from coast to coast.

To find out what's behind these numbers and what career-hatchers can do to prevent themselves from feeling the negative effects of vacation deprivation, we talked with Beverly Beuermann-King, a health and wellness professional and work-life balance expert who was a key player in the study.

Why work-life balance is important

"Finding work-life balance is especially difficult for students and new grads as they're used to having irregular schedules," Beuermann-King explains. "What do we see most of when life is out of balance or we've been pushing ourselves for too long? More headaches, indigestion, muscle aches and sleep problems."

Though it's possible to keep this pace up for a bit, eventually things start to catch up. These problems become more chronic and start to take their toll on our systems in the form of diabetes, obesity and depression.

Achieving that balance

One way to achieve a work-life balance, Beuermann-King says, is to talk with your employer about their wellness policies. Ask about their thoughts on vacation time and how they make sure employees don't get burned out. Be aware that talking with your employer about their wellness policies is just one step of the process, though. You still need to be making sure that you're eating properly, getting enough rest and being active to keep your body and mind healthy.

Vacation deprivation and new grads

Vacation deprivation is when you're not using all of your vacation time or when you feel as though you don't have enough time off. According to the study, vacation deprivation rates were highest in young Canadian workers.

Beuermann-King believes the younger generation is feeling it the most because we're new to the workforce and haven't accumulated very much time off yet. We also have a very different view of the workplace than older generations.

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4 SPORTS

Emile Griffith

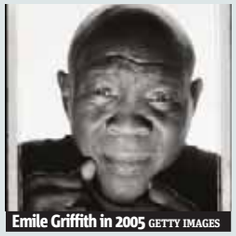
Former world champ dead at 75

Emile Griffith, the elegant world champion whose career was overshadowed by the fatal beating he gave Bennie Paret in a 1962 title bout that darkened all of boxing, died Tuesday. He was 75.

Griffith struggled with pugilistic dementia and required full-time care late in life.

Griffith knocked out Paret on March 24, 1962 in the 12th round to regain the welterweight title. Paret went into a coma and died from his injuries 10 days later.

Sports Illustrated reported in 2005 that Griffith may have been fuelled by an anti-gay slur directed at him by Paret during weigh-in. Over the years, Griffith described himself at various times as straight, gay and bisexual. THE ASSOCIATED PRESS



Emile Griffith in 2005 GETTY IMAGES

NBA

"He's an ever-willing kid to learn, plays hard and it's not very easy to find that in big guys."

Toronto Raptors general manager Masai Ujiri on Jonas Valanciunas who won the NBA's summer league MVP. The big Lithuanian averaged 18.8 points and 10 rebounds in four games.

Single blues for Argos

CFL. Injuries leave Ray day-to-day while Kackert out for 4-to-6 weeks

Ricky Ray, left, could play through his knee injury while Chad Kackert is out four-to-six weeks. FRANK GUNN/THE CANADIAN PRESS

It was a good news-bad news kind of day for Toronto Argonauts head coach Scott Milanovich.

His star quarterback may have escaped serious injury, but it looks like his standout running back will be sidelined for a while.

Milanovich said Tuesday that Argonauts quarterback Ricky Ray is day-to-day with the knee injury he suffered in Friday's road win in Winnipeg, while running back Chad Kackert, last year's Grey Cup MVP, is expected to be out at least a month with a knee injury sustained versus the Bombers.

"Ricky is day-to-day, he's significantly better than he was a year ago," Milanovich told reporters Tuesday. "It'll probably be a later in the week decision ... but it's not nearly the severity it was a year ago (when Ray was out with an injury to the same knee).

"Chad Kackert is going to be a little longer. We're anticipating four-to-six weeks as an estimate. Obviously it can go either way"

Toronto also released veteran linebacker Brandon Isaac. It was a surprising move given Isaac was a team captain and just one of five starters back from last year's Grey Cup team.

"This decision was made by the coaching staff that we think gives us a chance to be a little better at that position," Milanovich said. "I do appreciate what Brandon's done and what he can do as a football player.

"Sometimes you have to make hard choices that you think somebody else can do the job a little better."

THE CANADIAN PRESS

Backup plan

"If Ricky's not able to go then they're really going to have to prove it against a great defence."

Argos coach Scott Milanovich on backup QBs Zach Collaros and Trevor Harris. Toronto doesn't play again until next Tuesday when it hosts the B.C. Lions, giving Ricky Ray extra time to heal.

MLB. Arencibia bows to the hate, quits Twitter

J.P. Arencibia is done with Twitter.

The outspoken Toronto Blue Jays catcher tweeted he was leaving the social media website and promptly deleted his account Tuesday morning.

"It's unfortunate to see how words are twisted to make false stories," he said in a three-part tweet to some 145,000 followers. "I give way too much of myself to have others try and make me out to (be) something/someone I'm not."

Arencibia has struggled on the field this season, prompting criticism from both fans and the media.

"I will no longer be on twitter," he said. "Thanks to all the fans who support and praying for the others that hate. God bless."

It's not the first time Arencibia has responded to his critics. Earlier this month, Arencibia lashed out at Sportsnet analysts Dirk Hayhurst and Gregg Zaun over their negative comments.

Batting .219 this season, Arencibia has made five errors, allowed 34 stolen bases and 10 passed balls with the nose-diving Jays.

THE CANADIAN PRESS

Go to metronews.ca for coverage of Tuesday night's Jays game against the Dodgers.

Jays catcher J.P. Arencibia GETTY IMAGES

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MLSE chief won't tip his hand on TFC changes

MLS. Leiweke unhappy with squad's results, but isn't blaming management yet

Music mogul

In MLSE president and CEO Tim Leiweke's last job running the Anschutz Entertainment Group, music was right up there with overseeing NBA, NHL and MLS teams as well as myriad arenas and facilities around the globe.

- AEG is the second-largest music promoter in the world (behind Live Nation), staging tours by Justin Bieber, Bon Jovi, Prince and Taylor Swift and running events like the New Orleans Jazz Festival, the Coachella Valley Music & Arts Festival and Stagecoach Festival.
- "And those are near and dear to my heart," he said.
- "And by the way, I think there's an opportunity to do festivals in Ontario and in Toronto. And we're going to take a look at that."
- "So the uniqueness of this job is you have to have a dozen hats and you better be good at all of them. Because I think in a market like Toronto, they're going to expect you to be great at music ... great at stadiums, great at hockey, basketball and soccer."
- But before taking MLSE down some of the disparate roads he travelled at AEG, he says: "I'd like MLSE to be good at Toronto first."

New MLSE boss Tim Leiweke says he likes the management teams he has in place with the Leafs and Raptors. But he is withholding his verdict on Toronto FC, at least publicly, for the time being.

The struggling MLS team is 2-10-8 under president Kevin Payne and manager Ryan Nelsen, who continue to overhaul the roster in their first year at the helm of the perennial underachiever.

"This one's different than the other two (teams) because we're in the middle of the season," Leiweke, president and CEO of Maple Leaf Sports & Entertainment, said in an interview this week. "And so I don't think it's fair or proper to get into an analysis, an assessment or a year-end on Kevin and Nellie because I think we're in the middle of it here.

"Are we happy where we're at? No. And they understand I'm not happy where we're at. Do I hold them accountable and blame them for the decisions? No, I think they probably inherited most of these decisions. They didn't make all of these decisions.

"Have we done as well as we would have hoped to do, even with the bad decisions they had to inherit? No, and I think they'd admit it."

THE CANADIAN PRESS

Steven Caldwell reacts as Toronto FC loses to Real Salt Lake at BMO field on June 29. STEVE RUSSELL/TORSTAR NEWS SERVICE

Maybe it's the turf

"When we came in (the league), BMO was fantastic. Today ... we have work to do ... and the owners agree."

Tim Leiweke. The new MLSE president and CEO says he's looking into making upgrades to BMO Field with the goal of bringing TFC's home-field experience up to the level of Kansas City's new Sporting Park, which is hosting the July 31st MLS all-star game.

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Whey Better Protein by: Shannon Kadlovski, BA, CNP

When it comes to choosing a protein powder, not all things are created equal. For athletes, as well as for those simply looking to increase their daily protein intake, it is often recommended to consume a daily protein smoothie. This provides increased energy, muscle repair, appetite control, and nourishment to the body. While it is common to consume protein powders for increased health, not all protein powders contain healthy, nourishing ingredients. In fact, some are actually loaded with added sugar, artificial sweeteners, fillers, GMOs, hormones and antibiotics, as well as other artificial and unhealthy ingredients. So, if your intention is to get healthy or stay healthy, you must make sure that you are choosing the right type of protein powder.

When Choosing a Whey Protein Powder Consider These 4 Tips:

1. Choose New Zealand Whey – It is the cleanest and purest whey available. The New Zealand Dairy industry has incredibly high standards for product safety and the humane treatment of their cows. Their cows are never injected with growth hormones, antibiotics, genetically modified organisms, or any other chemicals.

2. Choose a brand with added enzymes such as protease, lactase and amylase – These enzymes help to make the protein more digestible.

3. Choose one that is cold temperature micro-filtered.This ensures the highest quality and biological value.

4. Choose an all-natural brand, free of artificial flavours and artificial colors.

Absolute Smoothie Recipe

1 cup water or coconut water
1 scoop of Absolute Whey protein powder (or 2 tbsp.)
1 tbsp. chia seeds
¼ tsp. matcha green tea powder or ¼ tsp. spirulina powder
½ cup fresh blueberries
½ banana
¼ tsp. cinnamon
handful of kale
* Toss all of the ingredients into a blender and blend until smooth and creamy

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Players rub salt on Braun's 'black eye'

MLB. Colleagues not jumping up to defend former NL MVP

A statue of MLB commissioner Bud Selig sits outside Miller Park in front of a banner showing suspended Brewers star Ryan Braun on Tuesday in Milwaukee. MORRY GASH/THE ASSOCIATED PRESS

Protective no more, baseball players are downright disgusted these days with doping.

Now they are demanding even stiffer suspensions for those caught cheating.

"It's a new generation of athletes that are standing up," Travis Tygart, chief executive of the U.S. Anti-Doping Agency, said Tuesday. "The culture's been flipped on its head."

When Ryan Braun accepted a season-ending 65-game suspension Monday rather than fight Major League Baseball over evidence he used performance-enhancing drugs, fellow players appeared tired of those who cast shadows on the sport.

"They're lying to the fans," Los Angeles Angels pitcher C.J. Wilson said. "They're lying to their teammates. They're lying to their GMs, their owners, and they're going to get caught."

Skip Schumaker of the Los Angeles Dodgers said Braun let him down.

"Watching him talk right now makes me sick," Schumaker said. "I have an autographed Braun jersey in my baseball room that I'll be taking down. I don't want my son identifying what I've worked so hard to get to and work so hard to have — I don't want him comparing Braun to me."

Yankees manager Joe Girardi said Braun was guilty.

"You don't accept a deal unless you're guilty," he said.

"It's another black eye for our game.... There's been a lot of scandals over the years, but you get tired of it."

THE ASSOCIATED PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	60	41	.594	—
Tampa Bay	59	41	.590	½
Baltimore	57	43	.570	2½
New York	52	47	.525	7
Toronto	45	53	.459	13½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	54	44	.551	—
Cleveland	52	47	.525	2½
Kansas City	45	51	.469	8
Minnesota	42	54	.438	11
Chicago	39	57	.406	14

WEST DIVISION

	W	L	Pct	GB
Oakland	58	41	.586	—
Texas	55	44	.556	3
Seattle	47	52	.475	11
Los Angeles	46	51	.474	11
Houston	33	65	.337	24½

Tuesday's results

L.A. Dodgers at Toronto
Tampa Bay at Boston
N.Y. Yankees at Texas
Baltimore at Kansas City
Detroit at Chicago White Sox
Oakland at Houston
Minnesota at L.A. Angels
Cleveland at Seattle

Wednesday's games — All times Eastern

Oakland (Griffin 8-7) at Houston (Norris 6-9), 2:10 p.m.
Minnesota (Pelfrey 4-7) at L.A. Angels (Weaver 4-5), 3:35 p.m.
Cleveland (Kazmir 5-4) at Seattle (Saunders 9-8), 3:40 p.m.
L.A. Dodgers (Nolasco 6-9) at Toronto (Rogers 3-4), 7:07 p.m.
Tampa Bay (Price 4-5) at Boston (Doubront 7-3), 7:10 p.m.
N.Y. Yankees (Pettitte 7-7) at Texas (Garza 0-0), 8:05 p.m.
Baltimore (Chen 5-3) at Kansas City (Santana 6-6), 8:10 p.m.
Detroit (Sanchez 7-7) at Chicago White Sox (Danks 2-7), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	56	44	.560	—
Philadelphia	49	50	.495	6½
Washington	48	52	.480	8
New York	44	52	.458	10
Miami	36	61	.371	18½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	59	37	.615	—
Pittsburgh	59	39	.602	1
Cincinnati	57	43	.570	4
Chicago	44	53	.454	15½
Milwaukee	41	57	.418	19

WEST DIVISION

	W	L	Pct	GB
Los Angeles	51	47	.520	—
Arizona	51	48	.515	½
Colorado	48	52	.480	4
San Francisco	45	54	.455	6½
San Diego	44	56	.440	8

Tuesday's results

Cincinnati 9 San Francisco 3 (gm. 1)
Pittsburgh 5 Washington 1
N.Y. Mets 4 Atlanta 1
San Diego at Milwaukee
Philadelphia at St. Louis
Miami at Colorado
Chicago Cubs at Arizona
Cincinnati at San Francisco (gm. 2)

Wednesday's games — All times Eastern

Pittsburgh (Liriano 9-4) at Washington (Strasburg 5-7), 7:05 p.m.
Atlanta (Hudson 7-7) at N.Y. Mets (Hefner 4-7), 7:10 p.m.
San Diego (O'Sullivan 0-1) at Milwaukee (Lohse 6-7), 8:10 p.m.
Philadelphia (Lannan 2-3) at St. Louis (Westbrook 6-4), 8:15 p.m.
Miami (Turner 3-2) at Colorado (De La Rosa 9-5), 8:40 p.m.
Chicago Cubs (Samardzija 6-9) at Arizona (Kennedy 3-7), 9:40 p.m.
Cincinnati (Leake 9-4) at San Francisco (Gaudin 4-1), 10:15 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	4	2	2	0	118	116	4
Montreal	4	1	3	0	90	112	2
Hamilton	4	1	3	0	79	126	2
Winnipeg	4	1	3	0	91	109	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Saskatchewan	4	4	0	0	151	67	8
Calgary	4	3	1	0	125	109	6
B.C.	4	3	1	0	104	84	6
Edmonton	4	1	3	0	72	107	2

Thursday's game — All times Eastern

Edmonton at Montreal, 7:30 p.m.

Friday's game

Calgary at Winnipeg, 8 p.m.

Saturday's game

Saskatchewan at Hamilton, 7:30 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Kansas City	10	5	6	31	20	36
Montreal	9	5	5	31	29	32
New York	9	7	5	29	24	32
Philadelphia	8	6	7	32	30	31
Houston	8	6	5	22	19	29
New England	7	7	6	25	18	27
Chicago	7	9	3	24	29	24
Columbus	6	9	5	23	25	23
Toronto FC	2	10	8	17	28	14
D.C. United	2	14	4	9	33	10

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	11	6	4	33	20	37
Portland	8	2	10	30	18	34
Los Angeles	10	8	3	32	25	33
Vancouver	9	6	5	33	28	32
FC Dallas	8	5	8	27	27	32
Colorado	8	7	7	26	24	31
Seattle	7	7	4	22	21	25
San Jose	6	9	6	21	32	24
Chivas USA	4	11	5	18	35	17

Saturday's games — All Times Eastern

Columbus at Toronto FC, 2 p.m.
Philadelphia at Vancouver, 7 p.m.
Real Salt Lake at New York, 7 p.m.
Kansas City at Montreal, 7 p.m.
New England at D.C., 7 p.m.
Los Angeles at Colorado, 7 p.m.
Chicago at Houston, 9 p.m.
Portland at San Jose, 10:30 p.m.

Sunday's game

Chivas USA at Seattle, 11 p.m.

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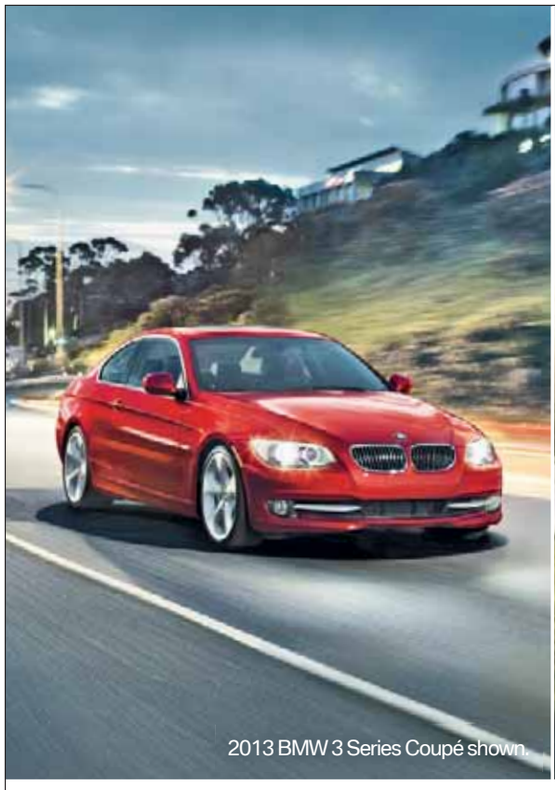
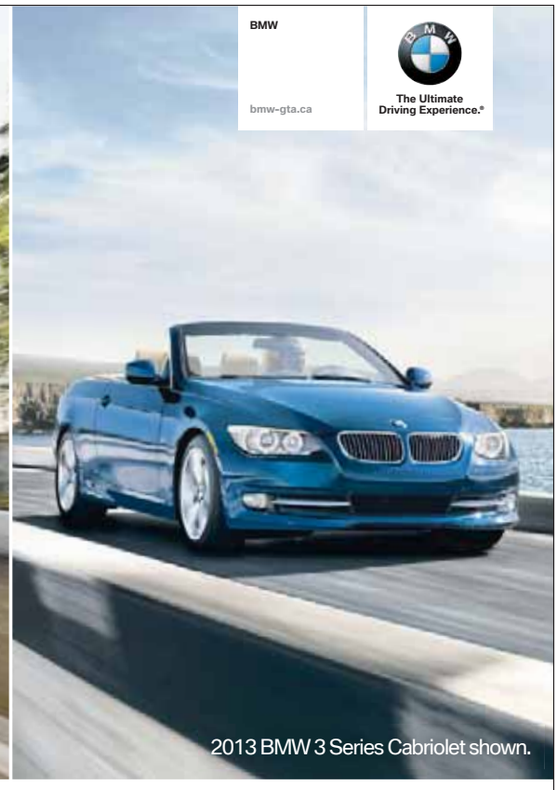

2013 BMW 3 Series Coupé shown.

2013 BMW 3 Series Sedan shown.


2013 BMW 3 Series Cabriolet shown.

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European models shown. Features and equipment may vary in Canada. */**Lease and finance offers based on any new 2013 BMW 3 Series model available only through BMW Financial Services Canada on approved credit (OAC). *Lease example based on MSRP of a new 2013 320i xDrive All-Wheel Drive Sedan base model: $39,900 for 48 months at 1.9% APR. Monthly payment is $320 with $8,872 down payment or equivalent trade. Down payment includes freight and PDI ($2,095), dealer administration fee ($395), A/C levy ($100), PPSA ($55.40), OMVIC ($5), and tire stewardship fee ($23.36). Licensing, registration, and applicable taxes are extra and due on signing. First month's lease payment and security deposit of at least one month's payment are due at lease inception. The residual value of the vehicle at the end of the term is $20,795. Annual kilometres limited to 16,000; $0.15 per excess kilometre. Excess wear-and-tear charges may apply. **Finance example: $40,000 financed at 1.9% APR for 48 months with $0 down payment equals a monthly payment of $866. Cost of borrowing is $1,568. Total obligation is $41,568. Options, licence, registration, and applicable taxes are extra and due on signing. †Delivery credit of up to $2,500 applies to lease, finance, and cash purchase transactions on select new 2013 BMW 3 Series models. ††Actual monthly payment will be calculated based on purchase price after payment credit is applied. Retailers are free to set individual prices and charge administration fees, which may change the APR or the price of the vehicle. Offer expires July 27, 2013. Delivery must be taken by August 12, 2013. Offer requires Retailer participation. Offer is subject to availability and may be cancelled or changed without notice. Certain conditions apply. See your local BMW Retailer or bmw.ca for full details. §New 2013 BMW vehicles purchased from an authorized BMW Retailer in Canada are covered by a No-Charge Scheduled Maintenance plan for four years or 80,000 km, whichever comes first. Certain limitations apply. Contact your BMW Retailer for details. ©2013 BMW Canada Inc. "BMW", the BMW logo, BMW model designations and all other BMW related marks, images and symbols are the exclusive properties and/or trademarks of BMW AG, used under licence.

The 2014 Dodge Durango

ALL PHOTOS WHEELBASEMEDIA.COM

Compare

1 Honda Pilot
Base price: $36,600

2 Ford Explorer
Base price: $31,700

Review. Part Jeep, part Dodge, all family

MALCOLM GUNN
wheelbasemedia.com

It may seem like a stretch, pardon the pun, but if you're looking for more passenger room than a Jeep Grand Cherokee, you'll be looking for a Dodge.

The related Dodge Durango for 2014 actually uses the Jeep Grand Cherokee's bones, but finds room to fit up to seven passengers versus the Jeep's five. We told you it was a stretch. Actually, it's a rubber-band-like 13-centimetre stretch between the front and rear wheels with 25 extra centimetres added between the front and rear bumpers. That's enough to squeeze in three rows of seats with space left over to tote a decent amount of groceries, sports equipment, luggage or what-have-you.

The long-serving Durango was introduced for the 1998 model year as a truck-based sport-utility vehicle with body-on-frame construction, but the vehicle switched to a unitized (frameless) design for 2011. At that point, Durango sales ballooned as buyers began to embrace the vehicle for its exemplary cargo and passenger-toting capabilities. The 2014 edition that arrives this fall is more of an update than a full-on makeover, but the changes are still significant.

In back, there are new tail light pods containing light-emitting diode (LED) running lights along with Dodge's signature "racetrack" tail light system at the rear where an additional 192 LEDs fire up in milliseconds to keep inattentive tailgaters at bay.

Inside, there's a new three-spoke steering wheel and the instrument cluster has been reworked to accommodate the standard five-inch touch-screen info centre. Among the new options, second-row high-back bucket seats with an available full centre console can be ordered on all trim levels.

The Durango's engine compartment is familiar, with both the base 290-horsepower 3.6-litre V6 and the optional 360-horsepower 5.7-litre "Hemi" V8 returning for duty.

All-wheel-drive remains standard, but the drive system you get depends on engine choice. The V6 uses a permanently engaged system that automatically varies the torque between the front and rear wheels, depending on where it's needed. The AWD V8 comes with a part-time unit with a two-speed transfer case for when maximum torque is needed, such as when heading up an extra-steep hill.

The V6 is standard in the base SXT, R/T, new-for-2014 Limited and range-topping Citadel models (both rear and all-wheel-drive). The V8 is optional for the Limited and Citadel, but standard in the R/T.

Regardless of trim level, the Durango continues to deliver a level of ruggedness, interior capacity and outright performance swagger that few $40,000 to $50,000 sport utility vehicles can match at any price. And in terms of passenger count, it even outdoes the Grand Cherokee.

2014 Dodge Durango

- **Type.** Four-door, all-wheel-drive full-size sport utility vehicle
- **Engines (hp).** 3.6-litre DOHC V6 (290); 5.7-litre OHV V8 (360)
- **Transmissions.** Eight-speed automatic
- **Base price (incl. destination)** $41,800

Interior & Technology

The new Limited receives a "limited" amount of gear destined for the Citadel, such as leather-covered seats (heated in front), heated steering wheel and an 8.4-inch (21-centimetre) screen for the Durango's "Uconnect" infotainment and mobile communications system.

Fuel economy

Without releasing specific numbers, Dodge claims that the new transmission will help increase the Durango's overall fuel economy by about nine per cent, which should translate into a modest improvement for the V6's current 13 l/100 km city rating and 8.8 highway, and the V8's 16.6/10 numbers.

Design

Dodge's stylists have tinkered with the vehicle's front and rear shape. There's a slimmer "split-hair" grille with a mesh-like backdrop and an enlarged lower air intake (also featuring the mesh effect).

One of these things is not like the others

Autopilot. Nissan's DeltaWing exits early but wins more fans at Canadian racing debut

AUTO PILOT
Mike Goetz
drive@metronews.ca

The DeltaWing's extreme aerodynamics are courtesy of its rocket-like stylings. BOTH PHOTOS RICK DOLE

Bird's eye view of DeltaWing.

If you've ever wondered, like I have, what the world's most interesting man might drive if he raced cars, then wonder no more. The answer is Nissan's DeltaWing, the world's most interesting racing car.

DeltaWing made its Canadian racing debut at last weekend's ALMS series stop at Mosport (now officially called Canadian Tire Motorsport Park). As predicted, it immediately became the crowd favourite, from when it first showed up at practice Thursday morning to when it retired early, on lap 15, during Sunday's race. The early retirement, due to low engine oil pressure, was a shame, because the first of its co-drivers, Andy Meyrick, had DeltaWing running second at the time and looking really good for a strong finish, something that's been hard to come by this season for DeltaWing.

Of course, DeltaWing gets its notoriety from being "not like the others."

DeltaWing looks like a rocket laid sideways — small front, big rear. Most racecars look like they're ready to eat corners. The DeltaWing looks like it would rather not turn, thank you. It looks the way it does because of its unique mission — to win endurance races by using half the fuel and half the tire material of a "regular" LMP1 class Le Mans racer.

DeltaWing's engineers believe this is possible because they've designed the car to have half the aerodynamic drag and half the weight of a current LMP1 or LMP2 racer (1,000 pounds versus 2,000 pounds). This means DeltaWing can do its racing thing with a smallish engine.

For this year's American Le Mans Series (ALMS) campaign, it's fitted with a turbo-charged four-cylinder 1.9-litre engine producing about 350 horsepower. By way of contrast, the overall winner of Sunday's race, the Muscle Milk Pickett Racing ARX-03, is powered by a Honda Racing 3.4-litre V8, making close to 600 horsepower.

Pre-practice on Thursday, I asked Andy Meyrick if he ever got used to the sight of the DeltaWing, or does it still freak him out?

"It's become normal now, I love it," says Meyrick. "(Co-driver) Katherine (Legge) and I call it our little baby."

You'd think those closely-spaced front tires aren't going to give you much cornering bite, but you'd be wrong. Meyrick says it's actually a pleasure to drive, mostly because it's so light.

"It changes direction easily, and you don't get the huge weight distribution and subsequent pitch in the car. So (you) just have to get used to how it feels. Very nimble. And with low drag we keep accelerating all the way down the straightaway."

Racing DeltaWing is certainly challenging in one regard — it's still a work in progress, and in need of constant development. But Meyrick says the team enjoys the challenge and believes the process ultimately makes the team and the car stronger. It looks different, but Meyrick notes that many of history's greatest racecars have also challenged conventional views — it's what they do.

"DeltaWing really challenges the way we go racing," says Meyrick.

So while DeltaWing may now challenge our conception of a go-fast car, who knows how "normal" it might become in the future. Notes Meyrick: "The numbers speak for themselves and the fans love it."

Fix your car by phone? One day, there may be an app for that

Driving force. Automakers putting safety first as they try to fully merge technology into the driving experience

JIL MCINTOSH
drive@metronews.ca

In-vehicle technology (like above) is becoming more and more advanced by the day. In the future, cars such as Mercedes-Benz could update their systems via wireless communications. PROVIDED

As people become increasingly connected through their smartphones, automakers are working to ensure that their vehicles are part of the process.

While Bluetooth phone pairing is now commonplace in cars, and some vehicles can access information and applications from drivers' smartphones, there will be much more integration in the future, according to Tim Reuss, president and CEO of Mercedes-Benz Canada.

Eyes on the road

"They expect the seamless experience in the car that they get from their device. But as we figure this out, it all has to be safe, so you're not driving down a German autobahn at 240 km/h while updating your Facebook."

Tim Reuss, president and CEO of Mercedes-Benz Canada.

"People don't want their virtual lives interrupted when they're in a car," Reuss says. "They expect the seamless experience in the car that they get from their device. But as we figure this out, it all has to be safe, so you're not driving down a German autobahn at 240 km/h while updating your Facebook."

The automaker is working with BlackBerry and other companies to develop connectivity technologies, which could include wireless systems built into the car, or applications that the car accesses through the owner's phone network. The greatest challenge is development time. An entirely new or redesigned car model can take as long as seven years to engineer and develop from start to finish, while new connectivity software could be ready in just months.

In effect, carmakers have to plan their vehicle designs to accommodate technologies that haven't yet been developed, because current software and devices could be outdated or even obsolete by the time the car is ready for the showroom. "We need interaction with companies like BlackBerry and others to figure this out as we go forward," Reuss says. "There are ways to do it, and not everything needs to be in the car. We need the interface."

In the future, the automaker might be able to contact the car through the system if the customer authorized it, performing such wireless functions as updating the navigation map, advising that maintenance is due, or warning if the kilometres are getting high on a leased vehicle and a new plan should be negotiated.

Beyond that, cars could send diagnostic information to the dealership and have their computers wirelessly "flashed," or updated, to solve minor issues or improve performance. "It isn't just a one-way street," Reuss says. "It won't happen today, but imagine the vision down the road where these features could happen with the connectivity."

Facts

- **Futuristic.** In Europe, Mercedes-Benz trucks can be equipped with a system that monitors and diagnoses the vehicles and sends the information to the fleet owner or manager.
- **Smart charge.** Electric cars use smartphone applications that allow owners to remotely check on how much battery power is left, and to start or stop the charging process.
- **Safety first.** Automakers have to consider safety above all, and must develop programs that provide information with minimal driver distraction.

Sarah M. and her uncle **Tony R.**
Ford Employee Ford Retiree

Bill H. and his son **Greg H.**
Ford Retiree Ford Employee

WE'VE ALWAYS SHARED OUR PASSION.
NOW WE'RE SHARING OUR PRICE.†

WITH UP TO $14,000*

IN TOTAL PRICE ADJUSTMENTS

On most new 2013 models (F-150 SuperCrew Platinum 4x4 5.0L amount shown)

2013 FOCUS S

5.5L/100km 51MPG HWY··
7.8L/100km 36MPG CITY···

Employee Price Adjustment	$620
Delivery Allowance	$250
Total Price Adjustments	$870

SHARE OUR EMPLOYEE PRICE **$16,809*** Offer excludes taxes.

OR OWN FOR ONLY **$99**** @ **1.99%** APR BI-WEEKLY PURCHASE FINANCING FOR 84 MONTHS

NOW WITH $0 DOWN | OFFER EXCLUDES TAXES

WELL-EQUIPPED WITH: 2.0L 4-Cylinder Engine /// Active Grille Shutters /// Air Conditioning /// Remote Keyless Entry System **and much more.**

2013 ESCAPE S

6.3L/100km 45MPG HWY··
9.5L/100km 30MPG CITY···

Total Price Adjustments	$995

SHARE OUR EMPLOYEE PRICE **$22,234*** Offer excludes taxes.

OR OWN FOR ONLY **$145**** @ **4.99%** APR BI-WEEKLY PURCHASE FINANCING FOR 84 MONTHS

WITH $0 DOWN | OFFER EXCLUDES TAXES

WELL-EQUIPPED WITH: 2.5L Duratec® 4-Cylinder Engine /// Torque Vectoring Control /// Active Grille Shutters /// Power Windows **and much more.**

Platinum 4X4 model shown

2013 F-150 STX SUPERCAB

8.7L/100km 32MPG HWY··
12.5L/100km 23MPG CITY···

Employee Price Adjustment	$2,301
Delivery Allowance	$6,750
Total Price Adjustments	$9,051

SHARE OUR EMPLOYEE PRICE **$23,328*** Offer excludes taxes.

OR LEASE A **2013 F-150 XLT SUPERCREW** **$399***** @ **2.99%** APR PER MONTH FOR 36 MONTHS WITH $350 DOWN. OFFER EXCLUDES TAXES.

WELL-EQUIPPED WITH: SiriusXM™ Satellite Radio /// Air Conditioning /// 17" Machined Aluminum Wheels /// SecuriLock® **and much more.**

Our advertised prices include Freight, Air Tax, PPSA (where applicable) and the Ontario Environmental Charge.
Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.

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SIMPLY VISIT YOUR TORONTO AREA FORD STORE OR TORONTOFORDDEALERS.CA TO GET YOUR EMPLOYEE PRICE† TODAY.

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Available in most new Ford vehicles with 6-month pre-paid subscription

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. "Ford Employee Pricing" ("Employee Pricing") is available from July 3, 2013, to September 30, 2013, on the purchase or lease of most new 2013/2014 Ford vehicles (excluding all chassis cab, stripped chassis, and cutaway body models, F-150 Raptor, Medium Trucks, Mustang Boss 302, Shelby GT500 and all Lincoln models). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any CAW-negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. Employee Pricing is not combinable with CPA, GPO, CFP, Daily Rental Allowance and AX/ZD/F-Plan programs. †Until September 30, 2013, purchase a new 2013 Ford Focus S/Escape S/F-150 STX SuperCab 4x2/F-150 SuperCrew Platinum 4x4 5.0L [or $16,809/$22,234/$23,328/$48,110] after total Ford Employee Price adjustment of [$870/$995/$9,051/$14,759] is deducted. Total Ford Employee Price adjustment is a combination of Employee Price adjustment of [$620/$995/$2,301/$7,489] and delivery allowance of [$250/$0/$6,750/$7,250]. Taxes payable on full amount of purchase price after total Ford Employee Price adjustment has been deducted. Offers include freight, air tax, PPSA (where applicable) and Ontario Environmental Charge but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances are not combinable with any fleet consumer incentives. **Until September 30, 2013, receive 1.99% APR purchase financing on new 2013 Focus S and 4.99% APR purchase financing on new Escape S models for a maximum of 84 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: 2013 Focus S/Escape S] for [$16,809/$22,234] after Total Price Adjustment is a combination of Employee Price Adjustment [$620/$995] and Delivery Allowance of [$250/$0]), purchase financed at [1.99%/4.99%] APR for 84 months, with [$0] down payment, monthly payment is [$99/$145] or APR of [1.99%/4.99%] and total to be repaid is [$18,018/$26,390]. Down payment may be required based on approved credit from Ford Credit. All purchase finance offers include freight, air tax, PPSA (where applicable) and Ontario Environmental Charge but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. Taxes are payable on the full amount of the purchase price. ***Until September 30, 2013, lease a new 2013 F-150 SuperCrew XLT 4x4 model and get 2.99% APR for up to 36 months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease the above model with a value of $30,940 at 2.99% APR for up to 36 months with [$350] down or equivalent trade in, monthly payment is [$399], total lease obligation is [$14,714], optional buyout is [$18,438]. Cost of leasing is [$2,168]. Offer includes $1,939 in Total Price Adjustments. Total Ford Employee Price adjustment is a combination of Employee Price adjustment of [$6,089] and delivery allowance of [$7,250]. Taxes payable on full amount of purchase price after total Ford Employee Price adjustment has been deducted. Offers include freight, air tax, PPSA (where applicable) and Ontario Environmental Charge but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances are not combinable with any fleet consumer incentives. ****Until September 30, 2013, receive 2.99% APR purchase financing on new 2013 F-150 4x4 5.0L – V8: 15.1L/100 km city and 10.7L/100 km hwy. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ‡When properly equipped. Max. payloads of 3,120 lbs/3,100 lbs with 5.0L Ti-VCT V8/3.5L V6 EcoBoost 4x2 engines. Max. horsepower of 411 and max. torque of 434 of F-150 6.2L V8 engine. Class is Full-Size Pickups under 8,500 lbs GVWR. ‡F-Series is the best-selling pickup truck in Canada for 47 years in a row based on Canadian Vehicle Manufacturers' Association statistical sales report, December 2012. ©2013 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2013 Ford Motor Company of Canada, Limited. All rights reserved.

Luxurious Lexus just a checkup away

Second gear.
20010-2012
Lexus RX 350

JUSTIN PRITCHARD
drive@metronews.ca

The Lexus RX lineup effectively kicked off the luxury crossover SUV scene some generations ago — and the 2010 to 2012 iteration of the best-seller has now moved fully into used vehicle territory. Commonly bought for sensibility, safety and a reputation for quality and reliability, the RX offered both gas-powered and hybrid models. The focus of this used vehicle story will lie on the traditional gas-powered Lexus RX 350.

Feature content in the five-seat model included automatic or motorized "everything," navigation, Mark Levinson audio, a Bluetooth interface and more. Expect a world-class list of high-end touches here.

HANDOUT

Common issues

Start with a walk-around your potential used RX candidate, checking the condition of the wheels, that both xenon projector headlamps illuminate, and ensuring the front bumper is properly attached at the edges and lines up with the panels adjacent to it. Double check for proper operation of the intelligent key system, all windows, and the climate control system.

Hesitation or "hunting" during gear shifting on the automatic transmission may be remedied by reprogramming the transmission's computer. Have the RX you're considering inspected for standard signs of fluid leakage, rust, suspension wear, sporadic power delivery or warning lights by a Lexus mechanic is your easiest path to a confident purchase.

What owners like

A sense of practical luxury, a well-appointed cabin, flexibility and overall comfort get RX owners talking. A quiet ride is reported, along with great handling and traction in snowy weather.

What owners dislike

Some owners wish for more at-hand storage, a more detailed and upscale cabin, a third row of seating, and a more modern and easy-to-use navigation system.

Engine

Lexus RX 350 was powered by a 3.5 litre V6 with 275 horsepower. Look for an automatic transmission and AWD to complete the powertrain lineup.

The verdict

Largely, it appears that the RX 350 maintains Lexus' reputation for reliability. A well-maintained, non-hybrid model will likely be the lowest-cost alternative for most shoppers.

The stats are in: Keep on rockin' at the wheel

Musical taste reflects style of driving.
Folk fans stay out of trouble, rockers never crash while rap and dance enthusiasts are likely to crash and cry

Picture it: windows down, wind whipping through your car with nothing but the wide and liberating open road in your horizon.

What's missing from this picture? Likely that you would have tunes blaring, with you singing (or whatever you want to call it) your heart out. But have you considered how your music choice affects your driving?

According to a poll by Kanetix.ca, the type of music you're listening to could impact your habits as you drive.

Folk music
Slow and steady wins the race for these music fans. Almost half of folk listeners (49 per cent) have never had a speeding ticket compared to 37 per cent overall; they are also much more likely to have never been pulled over (38 per cent compared to only 26 per cent of all drivers)

Hip Hop and R&B
They are the most likely to have an at-fault accident. Sixty per cent of hip hop and R&B listeners have been in an at-fault accident, compared to only 53 per cent of all Canadians.

Alternative rock
In-car listeners were the most likely to have never been at-fault in a motor vehicle accident (55 per cent versus 47 per cent overall).

House/dance
These listeners were the most likely to not have a driver's license (16 per cent compared to 10 per cent overall); and they are more likely to beg for forgiveness or cry to get out of a ticket.

METRO

What does your music taste say about your driving? ISTOCK

Honda CHECKERED FLAG EVENT

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2013 CIVIC DX

$0 DOWN LEASE /OAC

LEASE BI-WEEKLY FOR ONLY

$88@2.99% APR

FOR 60 MONTHS[Ω] WITH $0 SECURITY DEPOSIT.

CIVIC: CANADA'S FAVOURITE CAR 15 YEARS IN A ROW[◆◆]

MODEL FB2E2DEX

FINANCE BI-WEEKLY FOR ONLY

$88@1.99% APR

FOR 84 MONTHS[†]. $16,970 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.

$0 DOWN FINANCE /OAC

2013 CR-V LX

$0 DOWN LEASE /OAC

LEASE BI-WEEKLY FOR ONLY

$141@1.99% APR

FOR 60 MONTHS[Ω] WITH $0 SECURITY DEPOSIT.

2013 IIHS TOP SAFETY PICK: SMALL SUV

MODEL RM3H3DES

FINANCE BI-WEEKLY FOR ONLY

$150@1.99% APR

FOR 84 MONTHS[†]. $27,765 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.

$0 DOWN FINANCE /OAC

ALL-NEW 2013 ACCORD LX

$0 DOWN LEASE /OAC

LEASE BI-WEEKLY FOR ONLY

$144@3.99% APR

FOR 60 MONTHS[Ω] WITH $0 SECURITY DEPOSIT.

2013 CANADIAN CAR OF THE YEAR

MODEL CR2E3DE

FINANCE BI-WEEKLY FOR ONLY

$151@3.99% APR

FOR 84 MONTHS[†]. $25,765 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.

$0 DOWN FINANCE /OAC

BI-WEEKLY LEASE ONLY AVAILABLE ON 48 & 60 MONTH TERMS*

OR CHECK OUT THESE OTHER DEALS

LEASE OR FINANCE STARTING FROM **0.99% APR** ON SELECT 2013 HONDA MODELS. LEASE FOR 24 MONTHS[#] OR FINANCE UP TO 48 MONTHS.[^]

OR GET UP TO **$4000**[◆] CASH INCENTIVES ON OTHER SELECT 2013 HONDA MODELS.

HondaOntario.com
Ontario Honda Dealers

HONDA

ΩLimited time lease offers available through Honda Financial Services Inc., on approved credit. Representative bi-weekly lease examples: based on a 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) on a 60 // 60 // 60 month term with 130 // 130 // 130 bi-weekly payments at 2.99% // 1.99% // 3.99% lease APR and $0 // $0 // $200 customer incentive and $354 // $0 // $0 individual dealer contribution deducted from the negotiated selling price before taxes (customer incentive and dealer contribution can be combined with subvented rates of interest offered by Honda as part of a low rate interest program). The bi-weekly payment is $88 // $140.66 // $143.42 (includes $1,495 // $1,640 // $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100 except Civic DX), and OMVIC fee ($5)) with $0 // $0 // $0 down payment or equivalent trade-in, $0 security deposit and first bi-weekly payment due at lease inception. Total lease obligation is $11,439.80 // $18,285.35 // $18,645.04. 120,000 // 120,000 // 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. †Limited time purchase finance offers available through Honda Financial Services Inc. (HFS), on approved credit. Representative bi-weekly finance examples: based on a 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) models on an 84 // 84 // 84 month term with 182 // 182 // 182 bi-weekly payments at 1.99% // 1.99% // 3.99% APR and $1,600 // $2,395 // $1,750 Finance incentive and $0 // $0 // $200 customer incentive and $431 // $0 // $0 individual dealer contribution deducted from the negotiated selling price before taxes. Finance incentive applies only to Finance contracts through HFS. Finance incentive, customer incentive and individual dealer contribution can be combined with subvented rates of interest offered by Honda as part of a low rate interest program. Complete price of $16,970 // $27,765 // $25,765 [includes $1,495 // $1,640 // $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100 except Civic DX), and OMVIC fee ($5). Excludes taxes, license, insurance, and registration]. Cost of borrowing is $1,077.28 // $1,829.20 // $3,519.44 for a total finance obligation of $16,016.28 // $27,199.20 // $27,334.44. $0 // $0 // $0 down payment required based on approved credit from Honda Financial Services Inc. ‡Limited time 0.99% APR lease offers on a new 2013 Honda Fit DX (Model GE8G2DEX) // 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) for a maximum of 24 // 24 // 24 // 36 months available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2013 Honda CR-V LX 2WD (Model RM3H3DES) on a 24 month term at 0.99% lease APR, the monthly payment is $471.21 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100), and OMVIC fee ($5)] with $0 down payment or equivalent trade-in, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $11,309.04. 48,000-kilometre allowance; charge of $0.12/km for excess kilometres. ^Receive 0.99% purchase financing on any new 2013 Honda Fit DX (Model GE8G2DEX) // 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) models for a maximum of 24 // 48 // 24 // 48 months available through Honda Financial Services Inc., on approved credit. Representative finance example: based on a 2013 Honda CR-V LX 2WD (Model RM3H3DES) on a 48 month term at 0.99% APR and complete price of $27,765 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100) and OMVIC fee ($5). Excludes taxes, license, insurance, and registration], the monthly payment is $590.20. Cost of borrowing is $564.60 for a total finance obligation of $28,329.60. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. *Bi-weekly lease available on all 2013 Honda models on 48 and 60-month terms only. ◆$4,000 // $4,000 // $3,000 // $2,500 // $2,000 // $1,500 // $1,000 // $500 customer cash incentive is valid on any new 2013 Honda Pilot // 2013 Honda Odyssey // 2013 Honda Ridgeline // 2013 Honda CR-V (except LX 2WD, model RM3H3DES) // 2013 Honda Crosstour // 2013 Honda Accord Coupe and Sedan (except LX Sedan 6MT, model CR2E3DE) // 2013 Civic Coupe and Sedan (except DX Sedan, model FB2E2DEX) // 2013 Honda Fit (except DX, model GE8G2DEX) models when registered and delivered between July 3rd and July 31st, 2013. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. For all offers: license, insurance, PPSA, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. **Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2012.

This isn't your daddy's driveway

Autoknow. The choice between concrete, asphalt and pavers is just the beginning as new application methods provide custom looks without the custom price

TODD BURLAGE
wheelbasemedia.com

Bart Tragesser remembers a time not long ago when a driveway decision was as easy as black and white: asphalt or concrete? What's your pleasure?

These two surface staples still rule new driveway construction. But creative competition among installers has transformed a mundane route from the street to the garage into a personalized and beautiful gateway to the home.

"The driveway is becoming more of a show piece," said Tragesser, owner of Universal Services, driveway installation experts in northern Indiana. "The driveway is the first thing you see, so you want it to look nice. It's a first impression of your home and property." And Tragesser is quick to point out that today's driveway isn't your daddy's driveway.

Pavers bricks, decorative stamping, colour treatments, and even eco-friendly permeable surfaces are all part of today's surfacing and construction catalogue.

Rounded corners, colourful edges, raised borders and broom finishes are other decorative touches that are becoming popular in modern driveway replacement or new construction.

"A driveway is really just utilitarian. It's supposed to get you from the street to the garage without driving through mud, grass, dirt and everything else," Tragesser said. "But these days, more is expected of it than just being utilitarian. Homeowners want it to look good because that is what you see and it helps the property value."

Esthetic options increase every year, but Tragesser said a few old-school rules remain unchanged for driveway longevity and reliability. Without good drainage, quality fill and well-compacted soil underneath — and proper reinforcement within the surface above — a driveway will die a quick and flaky death.

"And nothing looks worse than to have a few sections of the driveway that are settled or raised or falling apart," said Tragesser, pointing out that a new driveway should last at least 20 years with little or no deterioration.

Cost considerations are obviously critical in any driveway decision; the fancier the look, the bigger the bill.

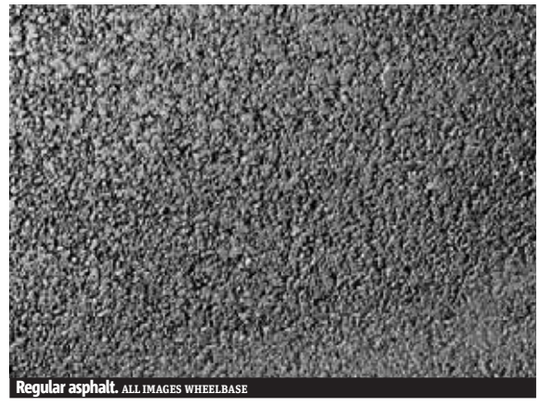
So let's look at the pros, cons and prices of some popular paving options. Of course, costs vary by region or country and are influenced according to market prices for petroleum and other surface ingredients.

Get a good look

"These days, more is expected of it (the driveway) than just being utilitarian. Homeowners want it to look good because that is what you see and it helps the property value."

Bart Tragesser, owner of Universal Services, driveway installation experts in northern Indiana

Stamped asphalt.



Regular asphalt. ALL IMAGES WHEELBASE

Permeable paver.

Stamped concrete.

Old concrete.

ASPHALT

Still the standard of driveway construction, its 20-year lifespan, lower cost and climate tolerance keep traditional asphalt the most popular surfacing choice for replacement and new construction.
Cost: About $4 to $6 per square foot.
Maintenance: Resealing every two or three years.
Pros: Inexpensive; holds up well to freezing and thawing; easy to maintain; melts snow quickly.
Cons: Absorbs and radiates heat; softens in high temperatures; surface oils can stick to the soles of shoes.

CONCRETE

Cleaner than asphalt, concrete is the preferred surface for new-home construction. Cracks will inevitably occur, but expect at least 25 good years from a concrete driveway.
Cost: About $6 to $9 per square foot,
Maintenance: Resealing every three to five years.
Pros: Minimal maintenance; durable surface for heavy vehicles; easy to clear snow from.
Cons: Vulnerable to cracking and chipping; stains and pits easily; becomes slippery in snow.

STAMPED ASPHALT

Growing in popularity, this process adds patterns and colours to the asphalt for decorative purposes, without compromising the overall quality and durability of the surface.
Cost: About $5 to $8 per square foot.
Maintenance: Resealing every two to three years; recolouring every five to seven years.
Pros: Can be coloured anytime and resealed for a "new driveway" look; holds up well to climate changes.
Cons: Becomes gooey in intense heat; loses its beauty without regular colouring.

STAMPED CONCRETE

A preferred option for patios, this style is also gaining popularity for driveways. Concrete is poured conventionally, then stamped and coloured to create the look of brick or stone.
Cost: About $10 to $14 per square foot.
Maintenance: Periodic resealing every three to five years.
Pros: Low maintenance; long life span; esthetically pleasing; many style and colour options.
Cons: Vulnerable to settling and cracking; slippery when wet; higher cost than most other surfacing styles.

AGGREGATE CONCRETE

Laid in a similar way to traditional concrete, the smooth top is then washed away to leave a decorative, colourful and rough finish that helps to hide chips, yet is smooth enough to clear snow from.
Cost: About $8 to $10 per square foot.
Maintenance: Periodic resealing every three to five years, or as needed.
Pros: Rough surface provides traction in ice and snow; can easily be coloured for improved appearance.
Cons: Like all concrete driveways, vulnerable to chipping, cracking and settling.

TRADITIONAL PAVERS

Combining the classic look of brick or cobblestone with lifetime wear, pavers are the luxurious choice for driveway construction. Almost any colour or pattern is available in this personalized style.
Cost: About $12 to $20 per square foot.
Maintenance: Weed control between the cracks of the concrete and pavers.
Pros: Regal look; easily repaired; more presentation choices than other surface options.
Cons: High cost; bricks often shift and settle over time; rough texture can make snow removal difficult.

PERMEABLE PAVERS

The newest of the construction methods, this style allows water to pass between the stones and into the ground to control runoff. Some systems include buried tanks to collect the rainwater and feed irrigation systems.
Cost: $12 to $20 per square foot.
Maintenance: Aggressive weed control
Pros: Eco-friendly with recycled ingredients and runoff control; sophisticated look.
Cons: Gaps used to control runoff encourage weed growth; level surface is compromised over time.

TRADE IN TRADE UP

SUMMER CLEAROUT EVENT

TRADE UP TO 59 MPG HWY

4.8 L/100 KM¤

GREAT LEASE OFFERS AVAILABLE

2013 Dodge Dart GT shown.§

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BEST AVAILABLE HIGHWAY FUEL ECONOMY¤	59 MPG	56 MPG	5 4 MPG	50 MPG	51 MPG
STANDARD AIR BAGS	10	6	6	6	7
LARGEST AVAILABLE TOUCH-SCREEN DISPLAY	8.4 INCHES	< 7 INCHES	< 7 INCHES	< 7 INCHES	8 INCHES
TOTAL PASSENGER ROOM (L)	2752.4	2678.0	2707.0	2568.0	2568.0
4-WHEEL DISC BRAKES	STD	AVAIL	STD	N/A	AVAIL
7-INCH TFT DISPLAY	AVAIL	N/A	N/A	N/A	N/A
PROJECTOR HEADLAMPS	STD	N/A	N/A	N/A	N/A

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

Dodge.ca/dart

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Less Fuel. More Power. Great Value is a comparison between the 2013 and the 2012 Chrysler Canada product lineups. 40 MPG or greater claim (7.0 L/100 km) based on 2013 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. ¤2013 Dodge Dart AERO (Late availability) – Hwy: 4.8 L/100 km (59 MPG) and City: 7.3 L/100 km (39 MPG). 2013 Civic Touring 1.8 L 16-valve, SOHC, i-VTEC® 4-cylinder Automatic – Hwy: 5.0 L/100 km (56 MPG) and City: 6.2 L/100 km (45 MPG). 2013 Elantra L 1.8 L Dual CVVT DOHC 16V Engine Automatic – Hwy: 5.2 L/100 km (54 MPG) and City: 7.2 L/100 km (39 MPG). 2013 Corolla 1.8 L 4-Cylinder DOHC 16V VVT-i DIS ETCS-I Engine Manual – Hwy: 5.6 L/100 km (50 MPG) and City: 7.4 L/100 km (38 MPG). 2013 Focus S 2.0L Ti-VCT GDI I-4 Manual – Hwy: 5.5 L/100 km (51 MPG) and City: 7.8 L/100 km (38 MPG). Wise customers read the fine print: ♦, •, †, § The Trade In Trade Up Summer Clearout Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after July 11, 2013. Offers subject to change and may be extended without notice. All pricing includes freight ($1,595 – $1,695), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. ♦4.99% lease financing of up to 60 months available on approved credit through WS Leasing Ltd. (a wholly owned subsidiary of Westminster Savings Credit Union) to qualified customers on applicable new 2012, 2013 and 2014 models at participating retailers in Ontario, New Brunswick, Newfoundland and Labrador, Nova Scotia and Prince Edward Island. Retailer order/ trade may be necessary. Retailer may lease for less. See your retailer for complete details. Example: 2013 Dodge Dart SE (25A) with a Purchase Price of $16,575 leased at 4.99% over 60 months with $2,470 down payment, equals 130 bi-weekly payments of $99 with a cost of borrowing of $2,893.70 and a total obligation of $14,614.60. 22,000 kilometre/year allowance. Charge of $0.18 per excess kilometre. Some conditions apply. •$16,995 Purchase Price applies to the new 2013 Dodge Dart SE (25A) only. †0% purchase financing for up to 36 months available on new 2013 Jeep Compass, Patriot, Dodge Dart, FIAT 500 and 2014 FIAT 500L models to qualified customers on approved credit through Royal Bank of Canada, Scotiabank and TD Auto Finance. Retailer order/ trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2013 Dodge Dart SE (25A) with a Purchase Price of $16,995, with a $0 down payment, financed at 0% for 36 months equals 78 bi-weekly payments of $217.88 with a cost of borrowing of $0 and a total obligation of $16,995. §2013 Dodge Dart GT shown. Late Availability. **Based on 2013 *Ward's* upper small sedan costing under $25,000. ◊Competitors' information obtained from Autodata, EnerGuide Canada and manufacturer's website as of May 14, 2013. ®Jeep is a registered trademark of Chrysler Group LLC. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.**

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The vehicle is used but savings are good news

New costs more. Fees and depreciation are common reasons why many choose to purchase a second-hand car, but here are a few more

Whether it's your dream car or just a grocery getter, your want for wheels is likely going to require a significant financial investment.

In fact, for most people, purchasing a vehicle will represent their largest personal spend, after their investment in a home. Since the majority of vehicles purchased in the country are ones that have been previously owned (approximately a 60-40 split used versus new), it is well worth it to first look at buying used.

In large part, used car popularity is due to the sheer volume of quality vehicles available to the public — many of which are near new and still offer the bells and whistles that come with brand new models.

Here are a few reasons to consider buying a used vehicle, courtesy of the experts at autoTRADER.ca:

Depreciation nation
Generally speaking, new cars automatically lose nine per cent of their full price value the minute you drive them off the lot; around 20 per cent in the first year; and anywhere from 40 to 60 per cent in the first three years. Overall new cars depreciate about 15 to 20 per cent per year, while used cars depreciate at 10 to 15 per cent. Allowing someone else to pay for the depreciation is the strongest argument in favour of buying used (and it's hard to refute).

Tested and true
As mentioned above, late model vehicles — those up to three years old or so — will still likely have much of the same technology and functionality as the brand new model. The rise of certified pre-owned programs from dealerships offers buyers yet another layer of protection, in writing no less.

Negotiation room
Used cars are purchased at various prices, so there is no set invoice price at which a dealer must begin negotiations, and there is more competition to choose from with models from several years available at a similar price range.

Less fees please
Fees such as freight and PDI, which can add up to thousands more to the sticker price, aren't a factor when buying used. The less you pay in fees, the more your wallet will thank you.

NEWS CANADA

Make your choice: Another happy used car customer. NEWS CANADA

Toyota takes rare outside punt. Former GM man Hogan appointed director

Mark Hogan, a former General Motors Co. executive tapped to join the Toyota board as a director, sees his appointment as a sign of change at the Japanese automaker and hopes he'll play a role in the company becoming less insular and quicker in decision making.

Hogan's appointment, announced in March and approved by shareholders last month, is the first time in Toyota's 76-year history that it has appointed a director from outside the company.

His arrival underlines efforts at Toyota Motor Corp. under President Akio Toyoda to become more international, transparent and nimble in regional markets, as it recovers from recent difficult years, including a massive recall fiasco in the U.S. "I give Akio a lot of credit for having the leadership to do that," he told reporters Tuesday at Toyota's Nagoya office.

"I see my role as listening to global voices outside of Japan and sharing insights that will help Toyota respond more quickly to changes in society," Hogan said. When asked if he would have advised Toyota do anything differently during the massive recall crisis in the U.S. five years ago, Hogan stressed recall woes were not unique to Toyota but spanned the entire auto industry in recent decades. He said the lesson learned for Toyota was that a crisis needs a speedy response

THE ASSOCIATED PRESS

Think global

"I see my role as listening to global voices outside of Japan and sharing insights that will help Toyota respond more quickly to changes in society."

Mark Hogan, Toyota's latest director and the first one in 76 years to be appointed from outside the company
On what he sees as his job with the Asian car giant.

Auto news in brief

Suzuki's new 4x4 set for Europe

Suzuki has a new 4x4 crossover on sale in Europe later this year. The latest SX4 has grown in size and now rivals Nissan's Qashqai. Called the SX4 S-Cross, it's available in 2WD and 4WD versions and there's a choice of 1.6-litre petrol or 1.6-litre diesel engines. Both versions have low CO2 emissions and high fuel economy (110g/km of CO2 with 4.2l/100km for the 1.6-litre DDiS 2WD)

Think you know limos? Think again

If you're in the market for a limousine and you think that they're just not quite fast enough, the latest S63 AMG S-Class may interest you. Powered by an AMG 5.5-litre V8 biturbo engine with an output of 593PS zero to 100 km/h takes as little as four seconds thanks to an efficient drive system and 100 kg less weight than the last generation model. Fuel consumption of 10.31 l/100km is possible with emissions of 242 g/km CO2. METRO

Pope Francis' Focus is on a low profile

What does the pope drive in when the popemobile just isn't practical? You may have already heard that Pope Francis prefers a more practical way of life to all of the pomp and circumstance that usually surrounds the Vatican. So, when he recently headed to his summer retreat, he travelled in a Ford Focus. Still, it wouldn't be accurate to say the pontiff has "driven a Ford lately." His holiness has a driver.

FORD PHOTO: TORSTAR NEWS SERVICE, PHOTO OF POPE: GETTY

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Parts Department

WHEELBASE MEDIA

Ferrari lovers' park

Ferrari World, touted as the world's largest indoor amusement pavilion, opened its doors in December 2010 in Abu Dhabi in the United Arab Emirates. The whimsical roof features a giant Ferrari logo that tops the nearly one-million-square-foot climate-controlled structure. Some of the venue's more than 20 rides and attractions include state-of-the-art racing simulators, a racing school for junior drivers, a "journey" through the inside of a Ferrari engine and what is claimed to be the world's fastest roller coaster with a top speed of 150 mph (240 km-h). Italian-style restaurants plus the usual assortment of souvenir and memorabilia shops can also be found at Ferrari World. Day pass prices start at $53 US for children and $64 US for adults. Go to ferrariworldabudhabi.com for more information.

Car facts

Canadian inventor Alastair Loughlin has a thing for cars and trivia and has managed to combine both of his interests in The Ultimate Auto Trivia Game, which is marketed by his company, Mindbusters Leisure Products. According to Loughlin, this multi-player roll-the-dice-type game tests the knowledge of players of all ages with 2,000 multiple-choice questions relating to "virtually every automobile ever manufactured." This includes testing a player's knowledge of antique and classic cars as well as vehicles never sold on this continent (those would presumably be the harder questions). The Ultimate Auto Trivia Game sells for $20 US (plus $13.50 for shipping and handling) and can be ordered at mindbustersgames.com.

Tot rides

You might not have the funds to acquire a classic hotrod, but you can still drive (push, actually) one on the sidewalk with your youngster seated in front. Each custom-built Roddler baby stroller is constructed using a high-grade aluminum frame and suspension, stainless-steel hardware, chrome grips, painted steel fenders and rubber tires mounted to 52-spoke pivoting front wheels. The convertible top is made with vinyl, as is the seat, but it also includes a suede insert. And when the principal user is past the crawling stage, the Roddler can be converted into a hotrod tricycle with the available Enzo Trike Kit. The basic Roddler sells for $3,500 US, while the Enzo Trike adds another $950 US to the purchase price. Visit KidKustoms.com.

Really tighten your seatbelt

Seatbelts enhance safety, as we all know, but for comfort they allow your upper body to move around, partly because the belt slides through a central buckle (the latch part). For drivers who want to be held in place more securely when travelling, there's CG-Lock. It works similarly to a professional racing harness by locking the centre buckle to keep the tension tight and even, but won't interfere with the operation or safety design of a regular belt. CG-Lock's metal clip can be attached to any three-point seat belt and will allow you to "dial in" as much or as little slack as you need. And installing or removing the device won't damage the seatbelt's webbing. Each CG-Lock is $60 US, visit cg-lock.com.

Chasing Time

For the car nut who has trouble getting out of bed in the morning, this will make the perfect present. The Clocky, from Nanda Home Products, is an alarm clock on wheels that sits on your night table. If you fail to react within a minute after you hit the snooze button, it will roll off the table and commence to wheel itself around the floor while buzzing away at a really annoying 83 decibels (Clocky does not come with a volume control). It's guaranteed to drive you crazy chasing after Clocky to shut it off, but then that's the point, isn't it. You can purchase this item in a variety of colours for $45 USdirectly from the manufacturer at nandahome.com.

Road filter for water

Of all the emergency supplies you can carry in your vehicle when heading for the Great Outdoors, this one could literally save your life. The Life Straw, which is manufactured by Vestergaard-Frandsen and has been on the market since 2005, is a portable water filter that guarantees you safe drinking water wherever you are in the world. Each one has the capacity to filter up to 1,000 litres of water, removing virtually all of the waterborne bacteria (including E-coli and Salmonella) and parasites, leaving nothing but clear, clean H2O. Life Straw's makers also say that there's no nasty aftertaste, that the filter contains no chemicals and that it works without batteries. You can purchase one for $20 US from eartheasy.com/lifestraw.

Critical inflation

You can maximize your vehicle's tread life and fuel economy by minimizing under-inflated tires. One way to accomplish this is with the Ryobi 18-Volt One+ cordless inflator (model no. P731). It features a high-pressure inflation setting (up to 150 pounds per square inch) for tires and a high-volume setting for other inflatable items such as air mattresses, sports equipment and rubber tubes. The Ryobi shuts off automatically once the digital readout indicates that the correct pressure setting has been reached. It also acts as a deflator and will rapidly remove air from your inflatables for easy packing. Purchase the inflator for about $120 US. For more information head to ryobitools.com and click on specialty tools.

Racing eats

Here's a truly unique and tasty gift for the NASCAR racing fan in your life. Edible Arrangements sells a couple of special fruit baskets that include a scale-model race car. Each one is topped with delicacies including flag-shaped pineapple, cantaloupe, melon, chocolate-dipped apple wedges, oranges, grapes and strawberries dipped in chocolate. That sounds way better than receiving flowers, whether you're a race fan or not. Prices range from $85 US for the small size, to $95 for the larger version. Edible Arrangements can ship to the United States and Canada as well as many other countries. Go to ediblearrangements.com for ordering info.

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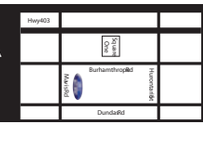

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2256 Lakeshore Blvd. W. Etobicoke, ON. (416) 201-0101

The following List of names and last known addresses, are people whose goods in storage will be sold on Friday, JULY 26th, 2013 from 12:00 PM due to non-payment of storage rent.
The Auction will be an online auction through Youbidlocal.com

1) **BRIAN BOLGAN**
2493 Lakeshore Blvd W #604, Toronto, ON. M8V 1C7
2) **TRIPATHI DEEPAK**
3025 The Credit Woodland #312, Mississauga, ON. L5C 2V3
3) **GEMAR AKOTO**
385 Prince of Wales Dr #2809, Mississauga, ON. L5B 0C6
4) **DUANE ROLLINS**
411-34 St. Dennis Dr, Toronto, ON. M3C 1G6
5) **JANVIER BETCHLEY**
80 Absoulut Ave #1105, Mississauga, ON. L4Z 0A5
6) **LISA STOCKUS**
81 Shuter St #A2, Toronto, ON. M5A 1B3
7) **JULIAN HUNT**
27 Glen Manor Dr, Toronto, ON. M4E 2X2
8) **AGNALDO DA SILVA**
1333 Bloor St #1804, Mississauga, ON. L4Y 3T6

According to the Lease by and between the customers listed above and All Canadian Self-Storage and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage units, the manager has cut the lock on their Unit(s). UPON A COURSORY INSPECTION THE UNITS WERE FOUND TO CONTAIN: Household goods, Items will be sold or otherwise disposed of at this site on dates and at approximate times listed by the addresses above to satisfy owner lien in accordance with the state statues. Terms of the sale are cash only. No checks will be accepted. All goods are sold in "as is "condition. Tax must be paid or resale numbers furnished. Buyers must provide own lock if needed. Seller reserves the right to overbid. All items or spaces may not be available on date of sale.

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Pandit: BALAJI

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Horoscopes

♈ Aries
March 21 - April 20
Don't reveal too much about what you are planning. Certain things should remain a secret, no matter how much you might want friends to know. Don't clam up completely but be careful what you say.

♉ Taurus
April 21 - May 21
As Venus, planet of love and beauty, is moving through the most dynamic area of your chart, you can be sure that opportunities to be creative and to have fun will come thick and fast. Don't ignore them.

♊ Gemini
May 22 - June 21
Family problems are not nearly as bad as you think. A little more understanding on your part will go a long way towards healing emotional rifts.

♋ Cancer
June 22 - July 23
There is something you need to let go of, something that has become a burden. What that something is only you know for sure but now is the time to get rid of it. You will feel an incredible sense of release.

♌ Leo
July 24 - Aug. 23
Sit back and marvel at all the wonderful things that come your way. Even when you do have to make an effort, helpful activity in the money area of your chart will make it easy for you to turn ideas into cash.

♍ Virgo
Aug. 24 - Sept. 23
You want to indulge, and there is no reason why you should not. Take care you don't indulge to an extent that leaves nothing to yearn for tomorrow. You can have too much.

♎ Libra
Sept. 24 - Oct. 23
If you are happy on the inside you will be happy on the outside, so think only loving, happy thoughts over the next 24 hours. Look on the bright side in everything you do.

♏ Scorpio
Oct. 24 - Nov. 22
If someone offers you something you have been craving, take it. There's no catch involved. They simply want to do something that makes your life more exciting.

♐ Sagittarius
Nov. 23 - Dec. 21
Someone in authority has taken a liking to you and will go out of their way to smooth your path to success. You don't have to do anything special, just carry on doing what you've been doing recently.

♑ Capricorn
Dec. 22 - Jan. 20
You have so much to look forward to, so much to be happy about, so try to be a bit more relaxed. Sometimes you can be a bit too serious, a bit too tense. Lighten up. Life is supposed to be enjoyed.

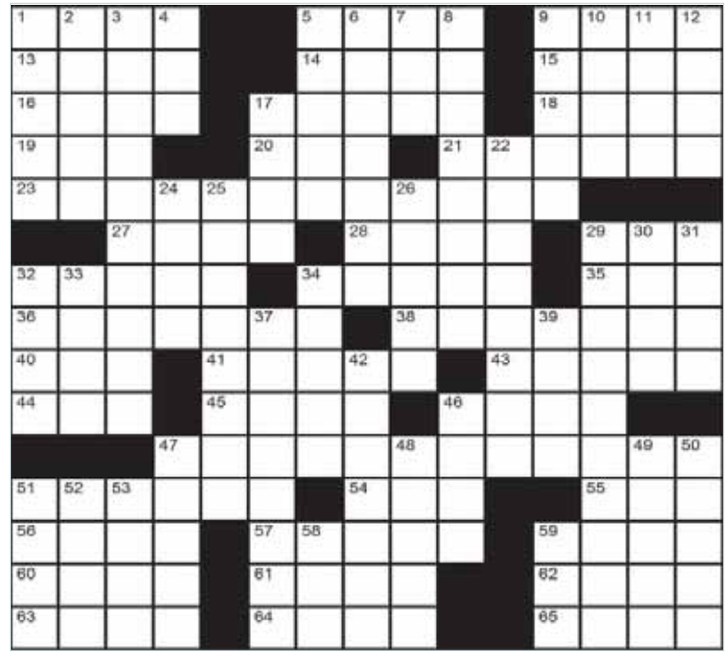
♒ Aquarius
Jan. 21 - Feb. 19
Good news about your financial situation is not far. So stop worrying about dollars and cents. Money will come to you when you most need it, from sources old and new.

♓ Pisces
Feb. 20 - March 20
You may not want to ask for assistance but you know you must. With Venus now moving through the partnership area of your chart, you will get all the help you need — and then some. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



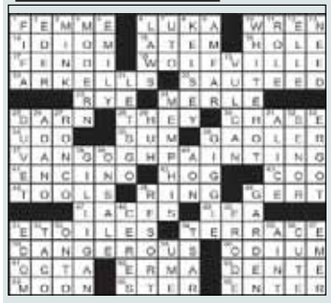
Across

1. Golden sunburst beams
5. Commissioner Gordon's force in comics [acronym]
9. Green hue
13. "I had no __." (Really?)
14. Mixture
15. S-shaped moulding
16. Period of calmness
17. Was a bee, used its pain-inflicter
18. River of Russia
19. M's spelled-out preceder
20. Friend: French
21. Actress Gail
23. TSX company identifiers: 2 wds.
27. Problems
28. Fuss
29. Eating-spot-with-trays, for short
32. Eucharist bread plate
34. Poet of ancient Greece
35. Whoopi Goldberg's Oscar-winning role, __ Mae Brown
36. Movie poison
38. More concise
40. __-Mex (Cuisine style)
41. Zodiac creatures
43. Bid
44. __ Lanka
45. Actress Ms. Hudson
46. Bigger than big
47. Rocky Mountain ledge grazer which is Alberta's provincial mammal: 2 wds.
51. Sound system sort
54. Midweek day, for short
55. Street surfacing
56. Psychedelic light, __ lamp
57. Eggs: French
59. Fury
60. Prayer sign-off
61. Egypt's river
62. Title-starter of a Shakespeare play
63. Grand __, ON
64. Pretoria's locale, _.__.
65. Labouriously makes a living

Down

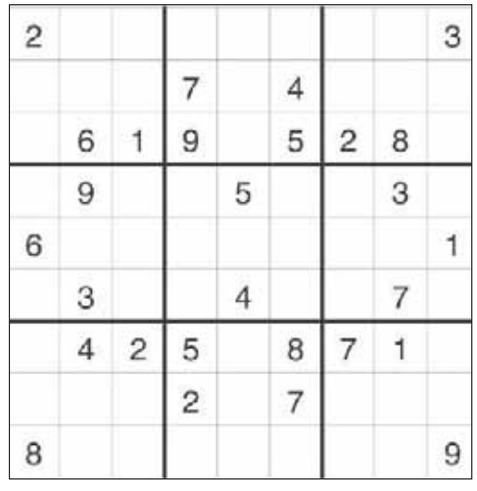
1. Gets to
2. Music genre, __ Contemporary
3. Joni Mitchell song: "Big __ __"
4. Mr. Mineo
5. George Harrison hit: "__ __ Mind Set on You"
6. __-__-fame
7. Debit card holder's li'l code
8. Well-intentioned sort
9. Days: French
10. Taj†Mahal's site
11. Exhausted
12. Moray-like
17. Back talk
22. Canada, __ and Free
24. Filmmakers Joel and Ethan, __ Brothers
25. T-Bird member in "Grease" (1978)
26. Exploding devices
29. Mike Myers SNL sketch, "__ __ with Linda Richman"
30. 'Chick' suffix
31. Jamie of "M*A*S*H"
32. Takes for agents, for short
33. Sure-saying sailor
34. Moor shrub
37. RCD = Royal Canadian __
39. Alphabetic sequence
42. Scandinavia-set epic tale
46. Palm places, puny-ly
47. Kraft, Aero or Tide, etc.
48. Look up
49. Bird of Jove
50. The Canadian __ (News agency)
51. Concrete chunk
52. Gentle
53. Balanced
58. Shuffled up vowels
59. "Norma __" (1979)

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

6	3	4	5	2	8	9	1	7
2	1	5	7	9	6	8	3	4
8	7	9	1	3	4	6	2	5
4	6	3	9	7	2	1	5	8
1	5	8	6	4	3	7	9	2
7	9	2	8	5	1	4	6	3
9	4	1	3	8	5	2	7	6
3	2	7	4	6	9	5	8	1
5	8	6	2	1	7	3	4	9

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21°/13°
Mainly sunny
Thursday
23°/16°
Sunny
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Check your local listings for details.
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OFFER ENDS JULY 31ST

2014 EARLY ARRIVALS EVENT

0%** FINANCING

UP TO 84 MONTHS

THE 2014s ARE HERE SO THE 2013s HAVE TO GO! 2013 CLEAROUT SPECIALS!

Rio4 SX with Navigation shown△

Optima SX Turbo shown△

Soul 4u Luxury shown△

2013 RIO SEDAN

HWY (M/T): 5.3L/100KM
CITY (M/T): 6.9L/100KM

OWN IT FROM **$82**≠ BI-WEEKLY
WITH **$0** DOWN
AT **0%** APR

–OR– GET $2,000 CASH SAVINGS‡ ON SELECT TRIMS

INCLUDES 6 BI-WEEKLY PAYMENTS ON US¤ ON RIO ONLY

INCLUDED FEATURES:

6 Airbags • Satellite Radio • Anti-lock Brakes
Electronic Stability Control
Steering Wheel Mounted Audio Controls

Bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination, fees, and **$900 "6 BI-WEEKLY PAYMENTS ON US" SAVINGS¤**. Offer based on 2013 Rio Sedan LX MT with a purchase price of $15,783. Excludes HST.

2013 OPTIMA

HWY (A/T): 5.6L/100KM
CITY (A/T): 8.6L/100KM

OWN IT FROM **$126**≠ BI-WEEKLY
AT **0%** APR
WITH **$0** DOWN

INCLUDED FEATURES:

200 HP • Keyless Entry • Air Conditioning
Bluetooth° • Cooling Glove Box

Bi-weekly for 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination, fees and **$1,000 LOAN SAVINGS**. Offer based on 2013 Optima LX MT with a purchase price of $23,983. Excludes HST.

2013 SOUL

HWY (M/T): 6.5L/100KM
CITY (M/T): 8.1L/100KM

OWN IT FROM **$98**≠ BI-WEEKLY
AT **0%** APR

INCLUDED FEATURES:

6 Airbags • Anti-lock Brakes
Electronic Stability Control
Bluetooth° • Heated Front Seats

Bi-weekly for 84 months with $499 down payment. Offer includes delivery, destination, fees and **$500 LOAN SAVINGS**. Offer based on 2013 Soul 1.6L MT with a purchase price of $18,878. Excludes HST.

2013 SPORTAGE

Sportage SX shown△

HWY (A/T): 6.5L/100KM
CITY (A/T): 9.7L/100KM

AVAILABLE ALL-WHEEL DRIVE

NOW ONLY **$19,993**‹ INCLUDES **$4,185** CASH SAVINGS‡

INCLUDED FEATURES:

Air Conditioning • Heated Front Seats • Satellite Radio • Steering Wheel Mounted Audio Controls • Bluetooth° • Keyless Entry

Offer includes delivery, destination, fees and **$4,185 CASH SAVINGS‡**. Offer based on 2013 Sportage 2.4L LX MT FWD with a purchase price of $24,178. Excludes HST.

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KIA

The Power to Surprise

Offer(s) available on select new 2013/2014 models through participating dealers to qualified retail customers who take delivery by July 31, 2013. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing includes delivery and destination fees up to $1,665, $34 tire recycling/filter charges, $5 OMVIC fee, environmental fee, variable dealer administration fees (up to $399) and $100 A/C charge (where applicable) and excludes licensing, registration, insurance, other taxes and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. **0% purchase financing is available on select new 2013/2014 Kia models O.A.C. Terms vary by model and trim, see dealer for complete details. ≠6 Bi-Weekly Payments On Us offer is available on approved credit to eligible retail customers who finance or lease any new 2013 Rio from a participating dealer between July 3-31, 2013. Customers will receive a cheque in the amount of six payments (excluding taxes) to a maximum of $300 per month or can choose up to $900 reductions from the selling/lease price after taxes. See your dealer for complete details. Offer ends July 31, 2013. ‡Bi-weekly finance payment O.A.C. for new 2013 Optima LX MT (OP541D)/2013 Rio4 LX MT (RO541D)/2013 Soul 1.6L MT (SO951D) based on a selling price of $23,983/$15,783/$18,878 is $126/$82/$98 with an APR of 0% for 84/60/84 months, amortized over an 84-month period. Offer includes loan savings of $1,000/$0/$500. Estimated remaining principal balance of $0/$4,252/$0 plus applicable taxes due at end of 60-month period. Retailer may sell for less. See dealer for full details. ‹Cash purchase price for 2013 Sportage 2.4L LX MT FWD (SP951D) is $19,993 and includes a cash savings of $4,185 (which are deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers). Retailer may sell for less. *$4,385/$2,000 cash savings on the cash purchase of an eligible new 2013 Sportage 2.4L LX MT FWD (SP551D)/2013 Rio4 LX MT (RO541D) from a participating dealer between July 3-31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. °Model shown Manufacturer Suggested Retail Price for 2013 Optima SX Turbo AT (OP748D)/2013 Rio4 SX with Navigation AT (RO749D)/2013 Soul 2.0L 4u Luxury AT (SO759D)/2013 Sportage 2.0T SX Navigation (SP759D) is $35,550/$23,450/$27,345/$39,145. †Highway/city fuel consumption is based on the 2013 Rio4 1.6L GDI 4-cyl (M/T)/2013 Optima 2.4L GDI 4-cyl (A/T)/2013 Soul 1.6L GDI 4-cyl (M/T)/2013 Sportage 2.4L MPI 4-cyl (A/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. The Bluetooth® wordmark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.